

CITY OF CHARLOTTETOWN  
PARKS AND RECREATION DEPARTMENT



# Program Brochure

Fall & Winter  
2019 - 2020

# GREETINGS FROM MAYOR PHILIP BROWN

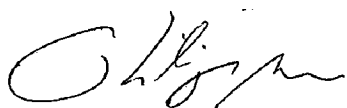
Hello Charlottetown!

The summer's end brings to a conclusion our session of summer programs and the beginning of the fall / winter session of the Park, Recreation and Leisure Activities programming. Our mission statement challenges City Council to deliver services to all citizens, enhancing the quality of life for all who live and work within this City. We should be proud to be the Birthplace of Confederation! We live in a beautiful city – so I encourage everyone to get out and enjoy everything wonderful about our City.

During 2019 through working together with community organizations, both in programming and projects, the Parks and Recreation Department has been able to ensure that all citizens have a variety of leisure activities to participate in. I extend appreciation to the many volunteers who will assist in the delivery of activities outlined in this brochure.

You, the citizens of Charlottetown, make Prince Edward Island's Capital the tremendous City that it is and your health and wellbeing are most important to myself and City Council. Physical activity does improve one's health and I encourage you to contact me at any time if you have any suggestions which may improve our recreational programs at 902-566-5548.

Health and Happiness,



Mayor Philip Brown  
mayor@charlottetown.ca



# MESSAGE FROM THE PARKS, RECREATION AND LEISURE ACTIVITIES COMMITTEE



Mitchell Tweel

The Parks, Recreation and Leisure Activities Committee is pleased to present the 2019 / 2020 edition of our Fall and Winter program brochure.

It is widely recognized that being active has many benefits, from a personal, social, environmental and economic point of view and we are committed to providing residents with a wide range of opportunities to engage in leisure activities of their choice. Our facilities, programs and services reflect the changing demand and trends in sports and recreation.



Terry Bernard

Our committee of Council, which includes leaders in our community, provides oversight to the staff of the Parks and Recreation Department to ensure quality experiences. We also acknowledge and thank the many dedicated volunteers for their commitment to a variety of grassroots programs and services that would not be possible without their leadership.

The Parks and Recreation Department consists of a management team that oversees direct delivery programs, facility operations and park management of over 60 properties. Our team is always interested in hearing from you, with your suggestions for new or improved services. As we continue to grow in response to a growing and more active community, your feedback is important.

Have a health filled and fun Fall and Winter and enjoy this beautiful city in which we live.

Yours in Recreation,



Bob Doiron

Chair	Mitchell Tweel
Vice-Chair	Terry Bernard
Councillor	Bob Doiron
Councillor	Kevin Ramsay
Mayor	Philip Brown



Kevin Ramsay

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# CITY OF CHARLOTTETOWN PARKS AND RECREATION DEPARTMENT MISSION STATEMENT

The Parks and Recreation Department for the City of Charlottetown will strive to enhance the quality of life for the people who live and work within our municipality, as well as for those who visit. We will encourage and provide the leadership for the development of safe, accessible, diverse and high quality recreational opportunities. The Parks and Recreation Department will utilize the four benefit areas of parks and recreation as the frame work from which to evaluate its programs, services and facilities which include the personal, social, economic and environmental benefits of participation.

## DISCOVER THE BENEFITS

- Recreation and Active Living are essential to personal growth.
- Recreation is a key to balanced human development.
- Recreation and Parks are essential to quality of life.
- Recreation reduces anti-social and self-destructive behavior.
- Recreation and Parks build strong families and healthy communities.
- Pay now or pay later! Recreation reduces health care, social service and police/justice costs.
- Recreation and Parks are significant economic generators in your community.
- Parks, open space and natural areas are essential to ecological survival.

***The Benefits Are Endless...***

## CHARLOTTETOWN PARKS AND RECREATION CONTACTS

Manager – Frank Quinn .....	902-368-1025
Administrative Assistant – Jackie McKinnon .....	902-368-1025
Program Coordinator – Christopher Drummond .....	902-629-4028
Superintendent of Arenas – Mike White .....	902-629-4171
Superintendent of Parks – Nancy McMinn .....	902-629-4026
Parks Foreman – Dean Worth .....	902-629-4024
Assistant Program Coordinator – (Vacant) .....	902-368-1025
Parks and Arenas Administrative Assistant – Dianne Dowling .....	902-629-4024
.....	.....
Simmons Arena .....	902-894-8247
Cody Banks Arena .....	902-894-8422
Eastlink Centre Charlottetown Administration Office .....	902-629-6600
Box Office & Information Line .....	902-629-6625
Parks and Recreation Main Administration (1st Floor City Hall) .....	902-368-1025
Parks and Arenas Administration (12 MacAleer Drive) .....	902-629-4024
Bell Aliant Centre (Formerly CARI) .....	902-569-4584

# VOLUNTEERS

## **Forbie Kennedy Volunteer of the Year Award (NEW)**

This award, named in honor of a longtime sports volunteer in Charlottetown, is a way to recognize the significant contributions that a volunteer in Charlottetown has made in sports and recreation to help make their community better. Nominations will be accepted in the new year for the 2020 award winner, which will be presented at the Citizen Recognition Awards during the Natal Day Celebrations in August.

## **Volunteer of the Month Award**

To recognize volunteers who have made outstanding contributions to Recreation, Sport, and Leisure within the City of Charlottetown, the Charlottetown Parks and Recreation Department "Volunteer of the Month Award" was launched in January 2006. Nomination forms can be picked up at Recreation Office within City Hall – 199 Queen Street.

## **Volunteer Interest**

Volunteers are required to deliver many of the recreation/sport-based programs offered in our community (i.e., minor sports, special events, and many other programs). If you are interested in being a volunteer, please contact the appropriate organization.

*For more information on volunteer initiatives please call 902-368-1025 or visit the City Website at [www.charlottetown.ca](http://www.charlottetown.ca).*

# CHARLOTTETOWN FAMILY VIOLENCE PREVENTION

*The City of Charlottetown is committed to preventing Family Violence.*

What is meant by family violence? It is any violence by one family member against another. Family violence includes, **but is not limited to:**

- violence by one partner against another
- violence by a parent against a child
- violence by a child against a parent
- violence between brother and sisters

Family violence is an abuse of power within relationships of family, trust or dependency. It always involves someone using their power over another person in a way that is hurtful. There are different types of violence - physical, emotional, financial, or verbal abuse.

If you need to talk with someone, call Anderson House 902-892-0960, 24 hours a day – 7 days a week.

Other Important Resource Numbers:

### **Charlottetown Police Department**

902-629-4172

### **Community Legal Information Association**

1-800-240-9798 (toll free) or 902-892-0853

### **Emergency – 911**

### **Child and Family Services**

902-368-5330

### **Victim Services**

902-368-4582

## **EMERGENCY MEASURES**

Don't be caught unprepared during an emergency such as hurricanes, storm surges and floods. *For more information on how to be better prepared, please visit the City website at [www.charlottetown.ca](http://www.charlottetown.ca).*

# GENERAL INFORMATION

## CHARLOTTETOWN PARKS AND RECREATION DEPARTMENT

### HOURS OF OPERATION

Charlottetown Parks and Recreation Department Hours of Operation

October – May / Monday – Friday 8:30 a.m. – 5:00 p.m.

June – September / Monday – Friday 8:00 a.m. – 4:00 p.m.

### DIRECT DELIVERY PROGRAMS

Direct Delivery Programs are those that are operated and offered directly by the City of Charlottetown Parks and Recreation Department.

### PROGRAM REGISTRATIONS (Direct Delivery Programs)

Two convenient options:

**ONLINE:** Register on-line via the City of Charlottetown's website:

[www.charlottetown.ca](http://www.charlottetown.ca). Once you have entered the main home page go directly to RECREATION & LEISURE and then ONLINE PROGRAM REGISTRATION. If you have not created an account on the BookKing Software you will be required to do so.

**PLEASE READ ALL STEPS ON CREATING AN ACCOUNT CAREFULLY!**

**IN PERSON:** In person registrations will be accepted at the Parks and Recreation Department Administration Office (1st floor City Hall) during regular working hours and at scheduled registration locations / dates.

*Payment may be made by Cash, Cheque, Visa, MasterCard, or Debit - Please make all cheques payable to the City of Charlottetown.*

### CANCELLATIONS (Direct Delivery Program)

The City of Charlottetown Parks and Recreation Department reserves the right to cancel or alter any program information outlined in this brochure without prior notice. If the department cancels a program a full refund will be issued. **\* All pre-school, youth & teen programs will be cancelled when schools are closed due to storms.**

### PROGRAM REFUNDS (Direct Delivery Programs)

Program refunds will not be issued after the program starts. Requests for refunds must be made a minimum of 2 days prior to the start of a program. A \$5.00 administration fee will be held for each registration refund.

### PROGRAM STAFF (Direct Delivery Programs)

Charlottetown Parks and Recreation Department program staff receive extensive training in such areas as program delivery, organizational and leadership skills, active and leisure game implementation, child and group management, and other areas that are relevant to program operation, including Emergency First Aid and CPR certification.

### FACILITY SCHEDULES

Various city owned and/or operated recreational facility schedules can be viewed via the City of Charlottetown website: [www.charlottetown.ca](http://www.charlottetown.ca). Once you have entered the main home page, go directly to RECREATION & LEISURE then to Facilities.

## **SPORT FIELD USERS PERMISSION**

Organizations and the general public are asked to refrain from using City operated sport fields unless permission has been obtained from the Charlottetown Parks and Recreation Department. Unauthorized use, especially during the early spring and late fall months when wet conditions prevail, will cause severe damage to natural grass sport fields. Your cooperation is very much appreciated. To obtain permission to use a sport field, please contact the Program Coordinator at 902-629-4028 or email [cdrummond@charlottetown.ca](mailto:cdrummond@charlottetown.ca).

All requests for the use of the **Artificial Turf Field** must be made through the **University of Prince Edward Island**. For more information and to book this facility, please contact 902-566-0305.

## **SMOKE FREE PLACES BYLAW**

The City of Charlottetown is pleased to provide a smoke and tobacco free environment at City owned and operated indoor and outdoor sport and recreation facilities/properties. The City Council recently adopted a “new” Smoke Free Places Bylaw (# 2018-01) prohibiting smoking and the use of tobacco related products at City owned and operated indoor and outdoor sport and recreation facilities/properties, which went into effect March 12, 2018. The City believes that through public awareness and education, we can encourage the public to respect the health of everyone and create a healthier environment at sport and recreation facilities/properties.

## **PET OWNERS**

We all appreciate clean walkways, park facilities and open spaces. Please be a responsible pet owner; help keep our facilities clean. “Stoop and Scoop”. By-law: Section 21 CAMA

## **YOUR OPINION COUNTS**

Your comments are welcome and assist the Charlottetown Parks and Recreation Department in the delivery of programs and services. Our Mission Statement includes the commitment to encourage and provide leadership for the development of safe, accessible, diverse and high quality recreational opportunities for EVERYONE.

- Do they meet the needs of YOU the resident?
- Do you have any ideas for new programs?
- Is our staff providing the service (quality/care) that you would expect?

*If you have any concerns or questions we would like to hear them. Please contact the Parks and Recreation Department at 902-368-1025.*





## PRE-SCHOOL

### **BRIGHT FUTURES CHILD DEVELOPMENT CENTRE**

Bright Futures CDC, located at 7 Trafalgar Street (former Immanuel Christian School) accepts children ages infant to 5 years old. The Centre has a large outdoor space and a gym. We are an Early Years Centre, licensed by the Department of Education and Early Childhood Development Association.

*For further information please contact owner: Lynn Arsenault at 902-370-8282, or email: [brightfuturescdc@eastlink.ca](mailto:brightfuturescdc@eastlink.ca).*

### **C.H.A.N.C.E.S.**

*Please see information in the [COMMUNITY GROUPS](#) section of this brochure.*

### **CONFEDERATION CENTRE PUBLIC LIBRARY CHILDREN'S LIBRARY**

There are free programs for families and children of all ages at the Confederation Centre Children's Library! For more information or to register, contact us at 902-368-4644. Due to space limitations, groups are asked to call ahead when planning a visit. Don't forget to like us on Facebook to get all the program information and updates! We are often adding new programs! Check our website at [www.library.pe.ca](http://www.library.pe.ca)!

#### **0 – 3 Years**

Wiggle, Giggle, Read

Rhymes, songs and tickles for babies and caregivers.

Thursdays, at 1:30 p.m. starting September 12

Ages 0 – 12 months

Toddler Time

Stories, rhymes and songs for ages 1 – 3.

Thursdays, at 10:30 a.m.

starting September 12

#### **3 – 5 Years**

Storytime

Books, songs and rhymes for preschool kids and their caregivers.

Tuesdays, at 3:30 p.m., repeated Wednesdays

at 11:00 a.m. starting September 10

Ages 3 – 5

Bedtime Stories

Wear your pajamas and bring your favourite stuffed friend.

before our weekly storytime!

Third Tuesday of the month at

6:00 p.m. starting September 17

Puppet Plays  
Stop by the Children's Library and enjoy  
two puppet plays before our weekly storytime!  
Third Wednesday of the month at  
10:30 a.m. starting September 18

Family Game Time  
Join us in a family game and  
get un-plugged  
Fridays at 11:00 a.m.  
Starting September 13

*For more information or to register, contact us at 902-368-4644.*

## **DANCE STARS ACADEMY**

**Tumble Tots (18 months – 3 years)** - For the little ones who just can't stop moving! This caretaker-and-me class is for those children anxious to begin basic movement. Focusing on rhythm and musicality, this active class uses upbeat music and visual cues to develop hand – eye coordination and keep learning fun. This class is 45 minutes long. Children must be 18 months at start of first class. 8 week sessions. First session will start September 10 – October 15th. (Additional session may be scheduled following) Tuesday's 10 a.m. – 10:45 a.m. at our Stratford studio.

## **Tiny Ballet Stars I/II, Tiny Acro/Jazz Stars \*\*\*NEW! TINY Musical Theatre!**

Our "Tiny Stars" dance classes for ages 3 – 5 and 5 – 7 year old children will teach the ABCs of dance accompanied with classical music, help develop performance skills and most importantly, build a strong sense of self-esteem and confidence. Students will have plenty of opportunity to explore their own individual movement while participating in a structured class environment that keeps learning fun! Class schedule can be found online.

## **\*\*INTRODUCING PROGRESSING BALLET TECHNIQUE\*\***

Join us for Dance Stars Academy's newest class offering! PBT is the perfect complementary training for any dance style, promoting strong and safe dance technique. Using light yoga equipment, students will use this world renowned syllabus to learn proper alignment and muscle memory for healthier, longer dance enjoyment. Great for injury recovery as well!

*For class schedules and online registration please visit our website:  
[www.DanceStarsAcademy.com](http://www.DanceStarsAcademy.com) or email [info@dancestarsacademy.com](mailto:info@dancestarsacademy.com) for  
further information.*

## **GYMNASTICS**

*Please see information in the [YOUTH/TEEN](#) section of this brochure.*

## **INTRO TO SPORTS PROGRAM**

The Charlottetown Parks and Recreation Department will once again be offering their "Intro to Sport Program". There are two 10 week sessions offered, which are open to children between the ages of 3 – 4 years old. The program is designed to give children the opportunity to try and experience a variety of sports and develop skills, while having fun. Parents and legal guardians are required to participate in the program with the children.

Location: West Royalty Community Centre (1 Kirkdale Rd.)  
Fall Session: Saturday Program (starting October 5, 2019) 10:40 – 11:30 a.m.  
Winter Session: Saturday Program (starting January 4, 2020) 10:40 – 11:30 a.m.  
Registration Fee: Resident \$30.00 per program, per child  
Non-resident \$45.00 per program, per child

*For more information, contact the Parks and Recreation office at 902-368-1025. You can register on-line via the City of Charlottetown WEBSITE or drop into the office.*

## **ME & MY FRIENDS**

The Charlottetown Parks and Recreation Department will once again be offering their popular “Me & My Friends” Programs. A creative and fun playtime program for tots (aged 2 – 4 years) and their moms, dads or caregivers where they play together in a gym environment. Each 10 week program allows for social interaction with other children as well as the opportunity to be active. Some activities include games, sing-along, circle-time, colouring, small crafts, use of small play equipment and much more.

Location: West Royalty Community Centre (1 Kirkdale Rd.)  
Fall Session: Saturday Program (starting October 5, 2019) 9:40 – 10:30 a.m.  
Winter Session: Saturday Program (starting January 4, 2020) 9:40 – 10:30 a.m.  
Registration Fee: Resident \$30.00 per program, per child  
Non-resident \$45.00 per program, per child

*For more information, contact the Parks and Recreation office at 902-368-1025. You can register online via the City of Charlottetown WEBSITE or drop into the office.*

## **SWIMMING**

*Please see information in the [AQUATICS](#) section of this brochure.*



## YOUTH/TEEN

### ART / DRAMA

#### ART / DANCE / SINGING / MUSICAL THEATRE

##### Confederation Centre Arts Education

Dance! with *dance umbrella*: creative movement for preschoolers, ballet, contemporary, tap, jazz, and musical theatre. Classes begin Sept. 9.

Contact Kayla Shaw at 902-629-1128 or [performingarts@confederationcentre.com](mailto:performingarts@confederationcentre.com).

Explore Visual Arts! in the Schurman Family Studio, with Saturday Art Classes, PD Day Art Camps, and mARTch Break camp. Classes begin Oct. 12.

Contact Tamara Steele at 902-628-6111 or [artseducation@confederationcentre.com](mailto:artseducation@confederationcentre.com).

Sing! with the Confederation Centre Youth Chorus for boys and girls ages 8 – 18 and the Confederation Singers Adult Choir.

Contact Don Fraser at 902-628-6144 or [dfraser@confederationcentre.com](mailto:dfraser@confederationcentre.com).

For more information on all of these programs, please visit [www.confederationcentre.com/artseducation](http://www.confederationcentre.com/artseducation).

#### ARTS 'N' WORDS STUDIO & GALLERY

**Art Classes** – Private lessons or small group mentoring in drawing or painting. Learn the basics and different techniques for pencils, watercolour, acrylic, oil, or mixed media.

**Creative Writing Classes** – Private lessons or small group mentoring in creative writing. Learn or improve your creative writing skills in poetry, fiction, or non-fiction.

**Speech Classes** – Private lessons or small group mentoring in public speaking. Learn how to develop confidence and speak in public for different purposes.

After school hours or weekends. Hourly, weekly, and monthly rates.  
Beginner and Intermediate levels.

Contact Cindy Lapena at Art 'n' Words Studio, Tel. 902-628-5867 or email [cindy@artnwords.ca](mailto:cindy@artnwords.ca).

## **BONSHAW YOUNG CHORISTERS**

A choir for children and youth under 16, is resuming Saturdays, September 14, from 2 – 3:30 p.m., at the Bonshaw Community Centre. Emphasis will be on listening and harmonizing together, sight-singing, and singing in other languages. Singing is a wonderfully joyful way to be together, enhancing listening skills and learning about rhythms, tempos, harmonies, and expressive singing. Physiologically, singing together promotes cardiovascular fitness, improved mood and alertness, and a sense of being uplifted. Because singing involves many many different areas of the brain working together, there are cognitive benefits as well. Parent feedback: “We are so impressed with the skills you’re teaching and love, love, love that you expect a lot from them & don’t shy away from complex tasks. They are absolutely capable & it’s nice for a teacher to recognize that.”

*To register contact Ruth Lacey at 675-4282 or [rlacey688@gmail.com](mailto:rlacey688@gmail.com).*

## **COLLEGE OF PIPING**

The College of Piping offers classes in art, musical theatre, action, and improv. The college is located at 619 Water Street East, Summerside.

*For more info please email [info@collegofpiping.com](mailto:info@collegofpiping.com), call 902-436-5377 or visit [collegofpiping.com](http://collegofpiping.com).*

## **HARMONIA GIRLS’ CHOIR (HGC)**

Meets Tuesdays 6:15 p.m. – 8:15 p.m. at Park Royal Church from September to May. HGC is Sirens’ premiere educational program for girls between 11-18! Have fun, make new friends, and discover the joys of singing in a group – Harmonia is a community where girls can feel safe to find their voices through music.

*For more information please contact Kelsea McLean ([kelsea@sirenschoir.com](mailto:kelsea@sirenschoir.com)) or visit [www.sirenschoir.com/harmonia](http://www.sirenschoir.com/harmonia).*

## **BADMINTON**

### **YOUTH BADMINTON PROGRAM**

The Charlottetown Parks and Recreation Department will once again be offering a youth badminton program on Saturday mornings. This program will begin the first weekend in October 2019 and the first weekend in January 2020 and will run for 10 weeks. This year the programs will be a combined group of grades 3 – 5 and 6 – 8.

Fall Program: Saturdays (starting October 5, 2019)

Winter Program: Saturdays (starting January 4, 2020)

Location: West Royalty Community Centre (1 Kirkdale Rd.)

Time: Grades 3 – 5 & 6 – 8 from 8:30 – 9:30 a.m.

Fee: City Resident – \$30.00  
Non-Resident – \$40.00

*For more information please contact the Parks and Recreation office at 902-368-1025 or register online via the City’s website [www.charlottetown.ca](http://www.charlottetown.ca).*

## BASKETBALL

### CHARLOTTETOWN PARKS AND RECREATION MINI BASKETBALL PROGRAM

A fun recreational program offered by the Charlottetown Parks and Recreation Department for children in Grades 1 & 2 and Grades 3 & 4. No experience is required. These programs run from October – March. **\*Note this program will be cancelled when schools are closed due to storms or PD Days.**

Location: West Royalty Community Centre (1 Kirkdale Rd.)  
Date: Tuesdays (starting October 15, 2019)  
Time: Girls (Grade 1 & 2) 6 – 7 p.m.  
Girls (Grade 3 & 4) 7 – 8 p.m.

Location: West Royalty Community Centre (1 Kirkdale Rd.)  
Date: Wednesdays (starting October 16, 2019)  
Time: Boys (Grade 1 & 2) 6 – 7 p.m.  
Boys (Grade 3 & 4) 7 – 8 p.m.

Fee: \$35.00 for residents  
\$45.00 for non-residents

Space is limited so register early.

*For more information, contact the Parks and Recreation office 902-368-1025 or register online via the City's website [www.charlottetown.ca](http://www.charlottetown.ca).*

### CHARLOTTETOWN TIGERS MINOR BASKETBALL PROGRAM

The CTMBA offers recreational basketball for children in grades K – 9. The season will start mid-October until the end of February.

Online registration will open in September 2019 (There will be no in-person registration this year). **Please check our website <http://tigersbasketball.ca/>.**

*For further information please refer to our website [www.tigersbasketball.ca](http://www.tigersbasketball.ca) or email [tigersbasketball.ca@gmail.com](mailto:tigersbasketball.ca@gmail.com).*

## BOWLING

### MURPHY'S COMMUNITY CENTRE BOWLING

Murphy's Community Centre houses the largest bowling alley on Prince Edward Island. Completely renovated – “**The Alley**” is a unique entertainment destination in downtown Charlottetown where you can enjoy craft beer on the lanes and savour a delicious meal with friends. With over 10 big screen TVs, lots of local food and drink we are ready to serve you and your friends 7 days a week. There are various leagues including 55+ Senior Leagues, adult & youth leagues. To get more information or to sign up for a league give us a call!

*To book your next event with us, please call us at 902-892-7311 or visit us online at <http://www.thealley.ca>.*

## CURLING

### **CHARLOTTETOWN CURLING COMPLEX**

The Charlottetown Curling Complex is excited to welcome new and experienced curlers ages 6 and up. We offer a variety of programming including open houses, instructional programs (for youth and adults), as well as weekly leagues. Curling is a great form of exercise while being social with friends. You can play recreationally for life or choose to play competitively at any age. We are also open for ice-rentals and our lounge is fully-equipped and can seat up to 100 people comfortably. It is suitable for parties and functions of all types.

*For further information about our programs and services, please visit our website at [www.charlottetowncurlingclub.ca](http://www.charlottetowncurlingclub.ca), check us out on Facebook, or email us at [chtowncurling@gmail.com](mailto:chtowncurling@gmail.com).*

## DANCE

### **COLLEGE OF PIPING**

The College of Piping offers classes in step dance, introduction to dane ballet, hip-hop, and jazz. The college is located at 619 Water Street East, Summerside.

*For more info please email [info@collegofpiping.com](mailto:info@collegofpiping.com), call 902-436-5377 or visit [collegeofpiping.com](http://collegeofpiping.com).*

### **DANCE STARS ACADEMY**

**Classes include: Strength & Conditioning, Hip Hop, Ballet, Jazz, Tap, Contemporary/Lyrical and Acro**

Dance Stars Academy offers experienced quality instruction for both recreational and competitive dance at all levels. Our studio specializes in qualified instruction for ADAPT (Accredited studio), Acrobatic Arts (Certified studio) and Vagonava syllabus training, each internationally recognized around the world. We believe in a positive, professional and supportive atmosphere for our students from 18 months to adult.

*For more details, class schedule and online registration please visit our website at [www.DanceStarsAcademy.com](http://www.DanceStarsAcademy.com) or email [info@dancestarsacademy.com](mailto:info@dancestarsacademy.com).*

### **ISLAND DANCE ACADEMY**

Dance classes offered for ages 3 and up. The Academy offers classes in ballet, jazz, creative movement, contemporary, step, and intensive training programs. Director – Shannon White.

*For more information contact the Academy at 902-628-9723 or visit our website at [www.islanddance.ca](http://www.islanddance.ca).*

## DAY CAMPS AND AFTER SCHOOL PROGRAMS

### **BELL ALIANT CENTRE (CARI Complex)**

The Bell Aliant Centre offers PD Day programming for the 2019 – 2020 school year. Join us for sports activities, crafts, swimming and pizza!

*Register online at [www.bellaliantcentre.ca](http://www.bellaliantcentre.ca) or in-person at the Control & Information Desk.*

### **BRICKS 4 KIDZ**

Offering birthday party entertainment, special events, after-school classes, PD Day, March Break and Summer Camps where students learn about Science, Technology, Engineering and Math using LEGO.

*To find more information, view our schedule of events, and register online, visit our website, social media or contact us. Owner: Amber Jadis, P.Eng. M.B.A.*

*Email: [ajadis@bricks4kidz.com](mailto:ajadis@bricks4kidz.com) Website: [www.bricks4kidz.com/344](http://www.bricks4kidz.com/344)*

*Twitter: @Bricks4KidzPEI Facebook: [www.facebook.com/b4kpei](http://www.facebook.com/b4kpei) Phone: 902-393-2439.*

### **THE HANGOUT**

Daily Programming is done at 2 locations (West Royalty and Westwood). All centres have many activities to choose from on a daily basis. : The monthly fee is \$255/month for after school with a snack provided. \$280.00/month for before and after school and that is available at West Royalty only. Time: Mon – Fri 2:30 – 6 p.m. also check out our facebook page.

*For more information, please check out our facebook page or call 902-393-3194 or email: [tracey@pei.aibn.com](mailto:tracey@pei.aibn.com).*

### **KIDZ KAN**

Kidz Kan offers a variety of different activities for your children (i.e., homework time, crafts, physical activities and games). A healthy snack is provided daily. This program offers a fun, healthy and safe environment for your children. This is a licensed after school program that employs certified staff. Kidz Kan offers the following: PD Days, Storm Days and Early Closures, March Break and Summer Camps.

Where: West Royalty Community Centre,  
Malcolm Darrach Community Centre (East Royalty)

When: Weekdays 2:30 – 5:30 p.m. (school days)

PD Days: 8:00 a.m. – 5:30 p.m.

*For further info or to register email Trudy Loveless at [trudyloveless@gmail.com](mailto:trudyloveless@gmail.com) or call 902-393-5251.*

### **STEAM PEI**

Offering birthday party entertainment, special events, after-school classes, PD Day, March Break and Summer Camps where students learn about Science, Technology, Engineering and Math through hands-on activities.



To find more information, view our schedule of events, and register online, visit our website, social media or contact us. Manager: Amber Jadis, P.Eng, M.B.A.  
Email: amber@steampei.com Website: www.steampei.com Twitter: @STEAMPEI  
Facebook: www.facebook.com/steampei Phone: 902-393-2439.

## **DROP-IN SPORT PROGRAM**

### **DROP-IN SPORT PROGRAM**

The Charlottetown Parks and Recreation Department offers a drop-in program at the West Royalty Community Centre. This program gives youth the opportunity to play a sport in a pick-up game setting. The program will focus on basketball, volleyball, badminton, soccer, and other fun games, unless otherwise stated. The programs will take place at the following location, day, and time.

#### **Family Drop-in program**

Location: West Royalty Community Centre (gym) (1 Kirkdale Rd.)

Day: Fridays (starting October 4, 2019)

Age Level: Ages 5 – 11 (Grade K – 5)

Time: 6 – 8 p.m.

Parents are welcome to attend the West Royalty program with their children.

All programs are co-ed and will run until mid April. There will be a drop-in fee of \$1.00 per person/night All children in grades K – 5 must be signed in by parent or legal guardian with contact phone number.

*For more information, contact the Parks and Recreation office at 902-368-1025.*

### **HALLOWEEN PARTIES**

Come join in the scary fun with the Charlottetown Parks and Recreation Department Halloween Parties. Open to all ghosts and goblins in grades K – 5. There will be treats and lots of scary fun.

Location:	Hillsborough Park Community Centre (199 Paterson Dr.)	West Royalty Community Centre (1 Kirkdale Rd.)
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Date:	Friday, October 25, 2019	Saturday, October 26, 2019
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Time:	6 – 7 p.m.	6 – 7 p.m.
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*For more information, contact the Parks and Recreation office at 902-368-1025.*

### **MARCH BREAK DROP-IN ACTIVITY PROGRAM**

The Charlottetown Parks and Recreation Department will be offering a drop-in program for school aged children in Grades K – 5. Activities include recreation activities, games, arts & crafts, and much more. Lots of active fun!

Location: Hillsborough Park Community Centre (199 Paterson Dr.)

Date: March 16 – 20, 2020

Time: 10 a.m. – 12:30 p.m.

Fee: \$2.00 per child per day

Lunch and refreshments will be served!

**Please note** that a parent or legal guardian must sign in children with contact phone number.

*For more information, contact the Parks and Recreation office at 902-368-1025.*

## **FITNESS**

### **TEEN CROSSFIT 782**

Want your kids to get stronger and faster? They can join the CrossFit 782 Teens program. Come try out a class for free with our great coaches and awesome facility.

*For more information go to [www.crossfit782.com](http://www.crossfit782.com).*

## **FOOTBALL**

### **CHARLOTTETOWN PRIVATEERS FOOTBALL CLUB**

The Charlottetown Privateers Football Club offers youth tackle football programs for children from the Charlottetown and surrounding areas. We offer three divisions: U12 (ages 10 – 12), Bantam (grades 7 – 9), and Varsity (grades 10 – 12), who play from September through early – November.

All three divisions practice at Orlebar Field, off of Longworth Avenue, behind the Pizza Delight (1911 Jail). All football equipment is provided with the exception of cleats and mouth guards. Practices begin mid-August. New members are always welcome.

*For registration details and more information please visit:*

*[www.facebook.com/PrivateersFootball](https://www.facebook.com/PrivateersFootball); email [charlottetownprivateers@gmail.com](mailto:charlottetownprivateers@gmail.com); or call 902-367-8962.*

## **FUNDING SUPPORT**

### **KIDSPORT™ PEI – SO ALL KIDS CAN PLAY! (A program of Sport PEI)**

The KidSport Fund™ is a program to help financially disadvantaged families receive funding to participate in sports.

*To receive an application or for more information, please call 902-368-4110 or visit, [www.sportpei.pe.ca](http://www.sportpei.pe.ca) and go to the KidSport™ link. To support KidSport™ PEI, please send donations to 40 Enman Crescent, Charlottetown, PE, C1E 1E6.*

### **CANADIAN TIRE JUMPSTART™**

In 2005, Canadian Tire Jumpstart Charities was launched to address an issue of national concern; the inactivity of kids. National in scope, but local in its focus, Jumpstart helps kids in financial need participate in organized sports and physical activities by assisting with the costs associated with registration, equipment and/or transportation. To date, over 1.6 million kids have been assisted nation-wide!

Canadian Tire Corporation is Jumpstart's biggest supporter as it funds all the general administrative expenses of Jumpstart, which means 100% of customer donations go directly to help kids in need. You can make a donation online or at your local Canadian Tire or Mark's stores. Money raised within each Chapter stays within the community and goes directly to help kids participate in sport, dance or other organized physical activities.

*If you are a parent or guardian of a child aged 4 – 18, you can apply for funding on their behalf. Visit: [jumpstart.canadiantire.ca](http://jumpstart.canadiantire.ca). All information provided will be kept confidential. For enquiries call 1-844-YES-PLAY (1-844-937-7529).*

## **GIRL GUIDES / SCOUTS / CADETS**

### **GIRL GUIDES OF CANADA – Girl Greatness Starts Here!**

Guiding is THE place for today's girls and women. Girl Guides of Canada offers challenging, girl-centered programming for girls aged 5 to 17+, as well as professional development and leadership training for adult members.

Since 1910, we've been a trailblazing organization advocating for girls and women. We offer opportunities for fun, friendship and adventure, teach valuable leadership skills and encourage community involvement. All Guiding members are empowered to reach their full potential, be independent, involved, confident and caring in their home communities and in the world at large.

All girls and women are welcome. Join us and help make a difference in our communities.

*For more information about Guiding programs and locations on PEI, please contact us toll free at 1-800-565-8111, or by email at [PEIAC@girlguides.nb.ca](mailto:PEIAC@girlguides.nb.ca). Check us out on Facebook, or on the NB/PEI website at [www.girlguides.nb.ca](http://www.girlguides.nb.ca).*

### **SCOUTS CANADA**

"Bring on the Adventure" is a phrase that only just begins to describe Scouting in your community. Today's youth want challenges and action-oriented programs. That's just what Scouts Canada is all about!

Why don't you get your child involved and let him enjoy the Adventure of Scouting.

We are also looking for Volunteers to help run our programs. Why not think about being a leader! Scouting volunteers have provided generations for Canadian youth with a first opportunity to sleep in a tent, to experience leadership and build self-reliance and self-confidence. Volunteer dedication, resourcefulness, and enthusiasm are vital to Scouting.

*If you would like more information about programs and locations, please contact Scouts Canada Maritime Admin Centre at 1-800-557-7268.*

## SEA, ARMY AND AIR CADETS IN CHARLOTTETOWN

Open to all youth ages 12 – 18, the Royal Canadian Sea, Army and Air Cadets programs offers young people the experience of a peer-led program through safe, but challenging activities focused on building self-confidence, leadership and working together as a team.

Charlottetown hosts three cadet corps and squadrons, generally offering activities one night per week and one weekend per month. Each corps or squadron builds upon the core Cadets goals by offering activities inspired by their Canadian Armed Forces element, though cadets themselves are not members of the military:

**Sea Cadets** focuses on nautical challenges and sailing adventures including deployments aboard Royal Canadian Navy, Canadian Coast Guard and other vessels. Charlottetown's Royal Canadian Sea Cadet Corps, **23 RCSCC Kent meets every Tuesday, 6 – 9 p.m. at Her Majesty's Canadian Ship Queen Charlotte.**

**Army cadets** offers outdoor pursuits like backcountry expeditions, survival training, marksmanship, and practical leadership skills from the field beside Canadian Army and other field professionals. Charlottetown's Royal Canadian Army Cadet Corps, **RCACC 148 meets every Wednesday, 6 – 9 p.m., at the Queen Charlotte Armoury.**

**Air cadets** provides challenges in aviation and aerospace that are truly unique such as rocketry, engines and propulsion, airport operations, earning a pilot's license and more. Charlottetown's Royal Canadian Air Cadet Squadron **60 Confederation RCACS meets every Tuesday, 6 – 9 p.m. at the Queen Charlotte Armoury.**

In addition to the elemental focus, many Cadet Corps and Squadrons offer marching band, marksmanship, and biathlon programs along with other programming unique to the corps or squadron.

**All our programs in Charlottetown are free to join!** Thanks to our partnerships with community sponsors, the Navy League of Canada, the Army Cadet League of Canada, the Air Cadet League of Canada and the Canadian Armed Forces, the cost for these programs, including uniforms and summer opportunities, are fully provided for.

*For more information on Cadets in Charlottetown or throughout Prince Edward Island, contact Lieutenant(N) Sandra McKay at 902-368-0414 or [Sandra.McKay@forces.gc.ca](mailto:Sandra.McKay@forces.gc.ca).*

## GYMNASTICS

### ISLAND GYMNASTICS ACADEMY

The Island Gymnastics Academy celebrates more than 35 years of gymnastics. We offer preschool, recreational and competitive artistic gymnastics programs for both boys and girls, ages 1 to adult. We have three terms per year beginning in September. We also have a fantastic birthday party experience on Saturday evenings. Our highly qualified and experienced staff includes 8 full time coaches and 20 part time instructors.

*For more information and details on classes and registration please call the Island Gymnastics Academy at 902-566-3935, email at [islandgymnasticsacademy@gmail.com](mailto:islandgymnasticsacademy@gmail.com) or visit our website – [islandgymnasticsacademy.com](http://islandgymnasticsacademy.com).*

## **VICTORY GYMNASTICS**

Victory Gymnastics Centre offers Competitive along with Recreational Classes to children of all ages. We also offer birthday parties and summer camps.

Registration for our 2019 – 2020 recreational classes can be done online through our website at [www.victorygympei.com](http://www.victorygympei.com), where information such as class times and pricing can also be found.

*For information on our Competitive Program please email our Competitive Head Coach at [competitive@victorygympei.com](mailto:competitive@victorygympei.com).*

## **HOCKEY**

### **CHARLOTTETOWN MINOR HOCKEY ASSOCIATION**

CMHA registration is available online (Visa, MasterCard, or e-Transfer accepted) at [cmhapei.ca](http://cmhapei.ca). An in-person registration session will take place on September 7, from 10:00 a.m. – 1:00 p.m. at the Bell Aliant Centre. Please check the CMHA website for additional information.

CMHA will be hosting “Introduction to Hockey” again this season for kids aged 4 – 12. We will be teaching children how to skate, and other basic hockey fundamentals. CMHA has used, free-to-use equipment available for those who want to try hockey.

There will be a Junior Recreational division, open to players born January 1, 1999 to December 31, 2001. It is non-checking, and open to players from any minor hockey association. It is a good way to continue playing hockey after graduating Midget and without the commitment of a higher level of Junior.

Registration fees for all programs are posted on the CMHA website.

*For additional information, please email Alex MacBain at [alex.macbain@cmhapei.ca](mailto:alex.macbain@cmhapei.ca), or visit [cmhapei.ca](http://cmhapei.ca).*

### **SHERWOOD/PARKDALE RURAL MINOR HOCKEY ASSOCIATION**

Registration for the Sherwood/Parkdale Rural Minor Hockey Association will take place at the Cody Banks Arena in the Maplewood Room on Saturday, September 7 from 9:00 a.m. – 12:00 p.m. and on Wednesday, September 11 from 5:00 p.m. – 8:00 p.m.

Registration Fees: City resident – \$390.00      Non-resident – \$510.00

Please note: Conditioning Camps fees are now included in the Registration fees.

A late fee of \$50.00 per player will be applied after September 11.

*For additional information, please contact Tammy Callaghan, at [tammy.callaghan@sprhma.com](mailto:tammy.callaghan@sprhma.com) or visit [www.sprhma.com](http://www.sprhma.com).*

## **ANDREWS HOCKEY GROWTH PROGRAMS**

Developing Leaders on and off the ice for 40 years! This year we are pleased to offer:

- Fall & Winter Skills Programs
- Year Round Training at Andrews Sport Conditioning Training Center
- Andrews Sports Institute for Future Leaders after school, remote and high school programs
- Small Group Goaltending Development

*For more information visit [www.andrewshockey.ca](http://www.andrewshockey.ca), call 877-936-6699, or email [info@hockeygrowth.com](mailto:info@hockeygrowth.com).*

## **YOUTH BALL HOCKEY PROGRAM**

The Parks and Recreation Department will once again be running their youth ball hockey program. The program has been very popular and continues to expand every year. The program start date will be determined in the Spring 2020. The program will take place at Cody Banks Arena. Registrations will begin March 5, 2020. Spaces are limited and will fill-up very fast.

*For additional information contact the Parks and Recreation office at 902-368-1025.*

## **MARTIAL ARTS**

### **CHARLOTTETOWN MARTIAL ARTS EST 1970**

#### **Peace, Perseverance, and Hard Work**

If you are looking to get in shape both physically and mentally we have a program for you. Charlottetown Martial Arts provides programs that are designed to challenge but not overwhelm the students. Our goal is to help our students succeed by providing a safe and supportive training environment. We also provide a high level competitive program for those who are interested in competing at a provincial, regional and national level. We are fully insured through Sport PEI and all instructors are certified and have first aid training.

*For more information on classes for students from age 5 to adult please visit [www.charlottetownkarate.com](http://www.charlottetownkarate.com) or contact Collin Affleck [Collin.affleck@gmail.com](mailto:Collin.affleck@gmail.com).*

### **CHARLOTTETOWN KEMPO JU-JITSU**

Japanese style self-defense and open to ages 14+

Location: 40 Enman Crescent Charlottetown, PEI at the PEI Judo Club

Saturday: 1:30 – 3:00 p.m.

*For more information please contact Roy Stuart at 902-846-9954 or [royster.rs@gmail.com](mailto:royster.rs@gmail.com).*

## **FENCING**

Fencing is a modern Western martial art combining mind, body and spirit. There are tournaments throughout the year within the Maritimes, as well as across Canada and beyond. You can participate recreationally or competitively. Both group and private lessons are taught.

*For more info please contact Philip Stewart at 902-566-1073 or check out [people.ypei.ca/fencing/](http://people.ypei.ca/fencing/) or on twitter @fencingpei or like us on Facebook.*

## **KARATE**

Karate classes for children will be Saturday (time TBA) beginning in mid-September at the PATH – 344 University Avenue. This class is suitable for those aged 9 – 12 years. It will be a non-competitive, non-contact class that will introduce basic karate techniques as well as strive to enhance self-esteem and confidence. Class size is limited to 10 students.

*For more information call 902-892-4658.*

## **KOED BOXING ACADEMY**

The academy has been in operation for more than 30 years, specializing in boxing and fitness, with certified coaches. It is located at the Holland College Royalty Centre and is open for ages 8 years and over. The hours of operation are 6:30 – 8 p.m. Monday through Thursday. Open fitness classes will be held Tues/Thurs evening 5:30 – 6:30 p.m. and Saturday morning 9:30 – 10:30 a.m. Coed Adult Fitness classes are held Tuesday and Thursday evening from 5:30 – 6:30 p.m. and Saturday morning at 9:30 a.m. There is a \$5 drop in per class for the fitness classes.

*For more information please contact Howard Watts 902-569-9499 or John Chaisson 902-368-7571 or email at [koedboxing@hotmail.com](mailto:koedboxing@hotmail.com).*

## **MEIBUKAN KARATE DOJO**

Children – Mon / Wed / Fri from 6 – 7 p.m.

Teaching traditional Okinawan Goju-ryu 3 nights a week, the MKD is suitable for ages 6 and up. Classes take place at the Sherwood Rec Hall on Maple Ave & are available for both children and adults.

*For more information go to our webpage at [www.meibukankaratedojo.com](http://www.meibukankaratedojo.com) or feel free to email [bsvickerson@hotmail.com](mailto:bsvickerson@hotmail.com).*

## **PEI SHOTOKAN KARATE CLUB**

Members of the International Karate Daigaku – Traditional Shotokan karate instruction for ages 7 and up.

Youth Classes: Tuesday and Thursday (6:30 – 7:30 p.m.)

Adult Classes: Tuesday and Thursday (7:30 – 8:30 p.m.)

All Levels Classes: Saturday (10:45 a.m. – 12 p.m.)

Location: 40 Enman Crescent Charlottetown, PEI

*For more information please contact Roy Stuart at 902-846-9954 or [shotokanpei@hotmail.com](mailto:shotokanpei@hotmail.com) or visit <http://pei.maritimeikd.com/>.*

## **PEI TAEKWONDO**

Whether it's for fun, fitness, competition or self-defense, come try Taekwondo free for two weeks in the back of the House of Sport at 40 Enman Crescent. New students are joining all the time. Children can improve their focus and build self-confidence while learning courtesy, perseverance, self-control and integrity. Adults can relieve stress and stay healthy while learning something new.

Kids 4 – 8 on Monday and Thursday 5:45 – 6:30 p.m.

Kids 8 – 12 on Monday, Tuesday and Thursday 6:30 – 7:30 p.m.

Teens & Adults on Monday, Tuesday and Thursday at 7:30 – 8:30 p.m.

Ask about our Family Class where you can train at the same time as your kids (free for parents of enrolled students).

*For more information call 902-314-KICK (5425) or check out [www.peitaekwondo.com](http://www.peitaekwondo.com).*

## **RIKIDOKAN JUDO & MARTIAL ARTS CLUB**

Judo Youth Classes: Monday and Wednesday 6:30 – 7:30 p.m. (Ages 5 – 12)

Womens Only Beginner Monday and Wednesday 5:30 – 6:30 p.m.

Open Practice Friday 6:00 – 7:30 p.m.

*For additional information please contact Sandra MacDonald by email [rikidokan@gmail.com](mailto:rikidokan@gmail.com) or [macdonald4040@gmail.com](mailto:macdonald4040@gmail.com).*

## **WEST RIVER SCHOOL OF KARATE**

The West River School of Karate teaches the style of Chito-Ryu and is a registered member of the PEI Karate Association and Karate Canada. Chito-Ryu traditional karate focuses on good manners, discipline, physical conditioning and self-defense and is one of the oldest styles in Canada. Instruction at WRSK is given by experienced Black Belt instructors. This Karate style can be practiced by all ages both male and female and does not require special athletic abilities or flexibility to join. We have students from 5 years old to over 60! Great affordable family activity. English, French, Spanish, Japanese and Mandarin speaking students available for translation. Classes are Tuesday and Thursday nights from 6:30 – 8:30 p.m. (first hour is juniors and adults and second hour just adults) at West Royalty School. *We recommend you try a few classes for FREE before joining!*

*Email: [dawn.brown@pei.sympatico.ca](mailto:dawn.brown@pei.sympatico.ca) or visit <https://wrsok.wordpress.com/>.*

## **MUSIC LESSONS**

### **COLLEGE OF PIPING**

The College of Piping offers classes in bagpipes and snare drum. The college is located at 619 Water Street East, Summerside.

*For more info please email [info@collegofpiping.com](mailto:info@collegofpiping.com), call 902-436-5377 or visit [collegofpiping.com](http://collegofpiping.com).*



## **GUITAR AND BASS LESSONS WITH JEFF MORRIS**

Teaching a variety of styles, beginner through advanced, all ages welcome. Jeff is a Grant MacEwan University Music Graduate in Jazz Studies (Guitar Performance) with over 20 years of professional teaching experience. Instruction in guitar, bass, ukulele, music theory, songwriting and ear training available.

Individual and group lessons are offered; including vocal and instrument accompaniment instruction. Jeff has extensive performing and recording experience, having released three albums and numerous radio singles, while sharing Canadian stages with artists such as Bryan Adams, Steve Earle, Tom Cochrane, and The Tragically Hip.

*For more information on his Brighton area studio, please contact Jeff at 902-620-8291 or [jeff1morris@hotmail.com](mailto:jeff1morris@hotmail.com) and check out [www.facebook.com/jeffmorrisguitarlessons](http://www.facebook.com/jeffmorrisguitarlessons).*

## **LONG & MCQUADE LESSON CENTRE**

The Long & McQuade Lesson Centre offers music lessons for all ages, all levels, and styles. We are currently offering private instruction in guitar, bass, fiddle, violin, mandolin, ukulele, drums, voice, piano, and all woodwind instruments.

*For additional information, call or text 902-367-3433 or email [charlottetownlessons@long-mcquade.com](mailto:charlottetownlessons@long-mcquade.com) Also like us on the Long & McQuade Charlottetown Facebook page and visit our website [https://www.long-mcquade.com/lessons/Prince\\_Edward\\_Island/Charlottetown/](https://www.long-mcquade.com/lessons/Prince_Edward_Island/Charlottetown/).*

## **PIANO LESSONS WITH HELEN HOLMAN (ARCT)**

A graduate of the Royal Conservatory of Music in Toronto, and registered with the PEI Music Teachers Association. Helen is very experienced in teaching students of all ages and skill levels. Classical to popular piano styles, ear training, and theory available. Festival, exam preparation and performance opportunities. Studio located on Prince Charles Drive in the Brighton area of Charlottetown.

*For more information call 902-566-1434.*

## **POTTERY**

### **POTTERY IN THE PARK**

PEI Potters Studio

Victoria Park (small white house next to tennis courts)

Childrens Class (Ages 9 – 14)

A class for children aged 9 – 14 will be held on Saturday mornings. While creative exploration with clay is stressed, beginners will learn the basics of clay preparation, a variety of hand-building techniques, glazing and decorating and an introduction to wheel throwing. Students with previous experience may focus more on wheel throwing. The class is taught by an experienced potter and is designed to be fun as

well as educational. The class is small in size (maximum of 8) and relaxed and informal in style. Students will get a thorough introduction to the art of pottery making and have fun while creating their own pieces from start to finish.  
Registration fee is \$175 (including clay).

Fall Session: Registration is online and first come first serve.  
It will open on Wednesday, September 4, 2019 at 9 a.m.

**Saturdays:** September 28 – November 30, 2019, 10 a.m. – 12:00 p.m.

Winter Session: Registration is online and first come first serve.  
It will open on Monday, December 9, 2019.

**Saturdays:** January 11 – March 14, 2020, 10 a.m. – 12:00 p.m.

*For information and to register check [www.peipotterstudio.com](http://www.peipotterstudio.com) or email Barb at [bajmacdonald@gmail.com](mailto:bajmacdonald@gmail.com).*

## READING PROGRAMS

### CONFEDERATION CENTRE PUBLIC LIBRARY CHILDREN'S LIBRARY

There are free programs for families and children of all ages at the Confederation Centre Children's Library! For more information or to register, contact us at 902-368-4644. Please note that children under 10 must be accompanied by a caregiver while in the library. Due to space limitations, groups are asked to call ahead when planning a visit. Don't forget to like us on Facebook to get all the program information and updates! We are often adding new programs! Check our website at [www.library.pe.ca](http://www.library.pe.ca)

#### 5 – 11 Years

##### **Lego Club**

Join us for lego play in the library every Sunday afternoon.  
Sundays at 2:00 p.m.  
Ages 5 – 11

##### **Craft Club**

Each month we'll learn a new craft in the Children's Library!  
First Tuesday of each month at 6:00 p.m. starting September 3  
Ages 5 – 11

#### **No-School Day Programs!**

Be sure to check in with us on no-school days! We always offer a program for the school-aged crowd!

#### **Teens (13 – 18 years)**

##### **Drop-in Drawing**

Drop in and show off your artistic talents. Supplies provided  
Saturdays at 1:30 p.m.

*For more information or to register, contact us at 902-368-4644.*

## RINGETTE

### CHARLOTTETOWN RINGETTE

Highlights: Power Rings Program – Sept 8 – Sept 22 at the MacLauchlan Arena

Important dates to mark on your calendars:

Sept 1	Online registration opens for 2019 – 20 house league season
Sept 14	Come Try Ringette at MacLauchlan Arena 11 a.m. – 2 p.m.
Sept 27	Charlottetown Ringette starts the 2019 – 20 season
Oct 13	Team Makeup Day
Jan 9 – 12	Charlottetown Ringette Tournament

Registration Fees for 2019 – 20 season (including insurance)

U8	\$285 (\$225 if Charlottetown resident)
U10 – U19	\$435 (\$315 if Charlottetown Resident)
18+	\$360

*For additional information, please visit <http://www.charlottetownringette.com> or contact Mike Devine at 902-314-2508 or email [mike.devine@charlottetownringette.com](mailto:mike.devine@charlottetownringette.com).*

## SKATING

### CHARLOTTETOWN SKATING CLUB

The Charlottetown Skating Club offers instructional skating to children/youth learning to skate and to those progressing through the Pre-Can skate, Can Skate, Junior, Intermediate and Senior program levels. Skaters are placed and taught at the level of their ability. Programs are conducted by Skate Canada Certified coaches. Participants must be 3 years of age as of August 31 of the current year.

We also offer a synchronized skating program, which is a specialized discipline of skating involving groups of eight or more skaters performing various group formations and maneuvers. Currently we offer beginner, senior and adult teams. The season starts early in October and continues to mid-March.

**Registration:** Information about our programming and registration times can be found on our website [www.charlottetownskatingclub.ca](http://www.charlottetownskatingclub.ca).

**Please Note: KidSport approval needs to be provided at registration.**

*For more information please email [canskaters@gmail.com](mailto:canskaters@gmail.com) or check out our website: [www.charlottetownskatingclub.ca](http://www.charlottetownskatingclub.ca).*

### CHARLOTTETOWN CANPOWERSKATE

This is a program for skaters in the sports of hockey and ringette and require participants to wear full gear certified by sport governing body. Sessions are taught by certified instructors on a ratio of 1:10. At all levels skaters can earn a Bronze Silver and Gold Standard. Four courses are taught during the fall-winter months.

**Monday nights: Simmons Arena 5 – 6 p.m.** Beginning September 30 – December. 2, 2019. Also January 6 – March 9, 2020.

Levels: New skaters to the program, Pre Power C and Levels 1 & 2 Bronze, Silver and Gold Skaters must be 5 years of age

**Monday nights: Simmons Arena 6:10 – 7:10 p.m.** Beginning September 30 – December 2, 2019. Also January 6 – March 9, 2020.

Levels: 3, 4, & 5. Bronze, Silver and Gold.

BROCHURES AVAILABLE AT AREA ARENAS AND LOCAL SPORTS OUTLETS.  
OR BY CONTACTING BERYL MACMILLAN [barryandberylmacmillan@hotmail.com](mailto:barryandberylmacmillan@hotmail.com).

Also Spring Session: March 31 – April 21, 2020 @ Cody Banks Arena  
Tuesdays, Thursdays and Saturdays 4 courses one hour per sessions for all levels  
Level 1 to Level 6. 4:00 – 8:15 p.m.

*For further information, please contact Beryl MacMillan 902-393-1608 or [barryandberylmacmillan@hotmail.com](mailto:barryandberylmacmillan@hotmail.com).*

## **SHERWOOD PARKDALE SKATING CLUB**

The Sherwood Parkdale Skating Club offers skating instruction programs at the Cody Banks Arena for both the Fall and Winter Sessions. We also offer a Community Program out of the South Shore Actiplex in Crapaud. We are a Skate Canada authorized club and our programs are conducted by certified professional coaches.

Programs offered include: **Canskate, Beginner CanSkate, Sledge Canskate, PreCanPower CanSkate, CanPower Skating, STARSSkate, Competitive Skating, Synchronized Skating, Adult Skate/Adult Synchro.**

**Registration Dates:** ONLINE REGISTRATION can be found at [www.sherwoodparkdaleskatingclub.com](http://www.sherwoodparkdaleskatingclub.com). Both Fall and Winter Registrations are now **OPEN**.

*For more information and details of programs offered, please visit the website above or e-mail [sherwoodparkdaleskatingclub@hotmail.ca](mailto:sherwoodparkdaleskatingclub@hotmail.ca) or [register.spssc@gmail.com](mailto:register.spssc@gmail.com).*

## **SPEED SKATE PEI**

Location: Charlottetown Eastlink Centre / Cody Banks Arena

Season: Late September to mid-March

Speed Skating is the fastest human-powered sport in the world and has become one of the fastest growing sports on PEI. It is a sport for all ages and skill levels. We offer programs for ages 4 through adult. We cater to new, recreational and competitive skaters. Our programs: Learn to Skate, Learn to Speed Skate, Recreational, Competitive and Adult all offer unique opportunities for athletic development and success. Register online today!

*For more information, please visit our website at [www.speedskatepei.ca](http://www.speedskatepei.ca) or email us at [info@speedskatepei.ca](mailto:info@speedskatepei.ca).*

## **PUBLIC SKATING / FAMILY HOLIDAY SKATES**

*To obtain information on public skates at Cody Banks, Simmons, Eastlink Centre and Bell Aliant Centre and for information on Family Holiday Skates, please visit the City's website [www.charlottetown.ca](http://www.charlottetown.ca) or call 902-368-1025.*

## **OUTDOOR RINKS**

The Charlottetown Parks and Recreation Department will once again be providing outdoor skating opportunities for our residents and visitors alike. Depending on the weather the outdoor rinks are usually up and running in mid January.

In areas where it is possible to split the ice in two, we will try to provide for those who wish to play pick up hockey AND skating for those wishing to skate without interruption. If rinks are small and not divided, then we ask people to respect the fact that they are for skating only. All outdoor rinks are subject to weather and equipment factors.

Volunteers Accepted...

When the snow flies we often have to rely on volunteers to assist us with snow removal on our outdoor rinks. So please bring a shovel and give us a helping hand, it makes a tremendous difference and will be greatly appreciated.

*For more information on locations, please contact the Parks and Recreation Department at 902-368-1025.*

## **SKIING**

### **CROSS COUNTRY SKIING**

If cross country skiing is one of your recreation activities, then you will be pleased to know that trails will be marked and groomed (weather permitting) in the following areas. Trail maps are available in the Recreation Department at City Hall or online at <http://www.city.charlottetown.pe.ca/trailmaps.php>.

#### **Victoria Park...**

Offers 3km trails that wind through a beautiful wooded area, some open space and loop back to allow for any distance that you require.

#### **Belvedere Golf Club...**

A marked trail will loop around the golf course. Please stay on the marked groomed course.

## **SWIMMING**

*Please see information in the [AQUATICS](#) section of this brochure.*

## **TENNIS**

### **MORRIS TENNIS COACHING**

Tennis Canada (TPA) certified professional coach Jeff Morris offers private and group outdoor tennis lessons to students of all ages, from May to October each year in the Charlottetown area. Awarded the '2017 Tennis PEI Coach of the Year', Jeff is the

current Junior Open Development head instructor for the Charlottetown Tennis Club. Lessons focus on student skill development in forehand and backhand groundstrokes, serving, volleying, and game tactics, in a fun high-paced environment.

*For more information please contact Jeff at: [morristenniscoaching@gmail.com](mailto:morristenniscoaching@gmail.com) call 902-620-8291 or visit [www.facebook.com/morristenniscoaching](http://www.facebook.com/morristenniscoaching).*

### **VICTORIA PARK TENNIS CLUBHOUSE & COURT SUPERVISION HOURS**

Sept 1 – Sept 28	Mon – Fri	5 – 9:30 p.m.	Sat – Sun	8:30 a.m. – 12:30 p.m.
Sept 29 – Oct 12	Mon – Fri	6 – 8 p.m.	Sat – Sun	10 a.m. – 12 p.m.

- Daylight play is free but limited to 45 minutes if people are waiting
- Evening play under the lights is \$5 for 55 minutes per court
- The City of Charlottetown, Tennis PEI and Charlottetown Tennis Club programs / events have priority on the courts. At least 3 courts are kept available for first come, first served public use with the exception of 1 or 2 times each week & during a couple weekend events per summer.

### **FALL AFTER-SCHOOL TENNIS PROGRAM SEPT. 10 – OCT. 3**

Fun 4 week sessions that includes practice, instruction, and games.

Ages 4 & 5            Tues & Thurs 4 – 5 p.m.

Ages 6 – 10        Tues & Thurs 4 – 5 p.m.

Ages 11 – 18      Tues & Thurs 5 – 6 p.m.

Cost:                \$40 (resident), \$55 (non-resident)

*For information on indoor tennis programs visit: [www.tennispei.ca](http://www.tennispei.ca).*

*For information on Adult Programming please refer to the [ADULT/SENIOR](#) section of the brochure. For more information please visit [www.charlottetown.ca](http://www.charlottetown.ca) or the Parks and Recreation office at 902-368-1025.*

## **VOLLEYBALL**

### **P3 VOLLEYBALL CLUB**

Check out our website or Facebook page for information about ongoing volleyball programs: Website: <http://p3volleyball.ca/> Facebook: P-3 Volleyball Club

*For more information email: [p3volleyballclub@gmail.com](mailto:p3volleyballclub@gmail.com).*

## **WRESTLING**

### **WRESTLING PEI**

Wrestling PEI will have programs for kids ages 9 and up for boys and girls in the Charlottetown area.

*For more information please contact Glen Flood at 902-368-4262 or email [wrestlingpei@gmail.com](mailto:wrestlingpei@gmail.com).*

## YOGA

### THE PATH

Yoga for children and YogaDance - offsite for groups, parties, or onsite in the studio at the PATH, 344 University Ave.

*For more information contact Mary at [yogaforlife@eastlink.ca](mailto:yogaforlife@eastlink.ca) or 902-892-4658.*

## YOUTH AND TEEN GROUPS - SERVICES

### CHARLOTTETOWN TEEN ZONE

Looking for something to do after school? The Charlottetown Teen Zone is the place to come! The Charlottetown Teen Zone is a supervised safe place for youth between the ages of 12 – 18 or who are in Grade 7 – 12. The Teen Zone is a partnership between the City of Charlottetown and Murphy's Pharmacies for local youth in need in and around the Charlottetown area. The Teen Zone is located on the top floor of Murphy's Community Centre and has access to computers, gymnasium, Xbox one, Wii, pool table, foosball, bowling, a full kitchen and more! Want to learn a new musical instrument? Or need help with homework or studying for that next exam? Even if you just need somewhere to go or someone to talk to..drop in. Programming activities includes music and art, life skills, cooking classes, girls' night, movie night, guest speakers and much more. The Teen Zone is FREE of charge and is open Monday – Friday 3 – 9 p.m. on school days, 12 – 6 p.m. or 12 – 8 p.m. on PD Days and school holidays.

*If you have any questions feel free to contact the Teen Zone at 1-902-892-1719 ext 3 or email [chtownteenzone@gmail.com](mailto:chtownteenzone@gmail.com). Follow us on Instagram or add us on Facebook!*

### HILLSBOROUGH HELPING HANDS YOUTH GROUP

The Hillsborough Helping Hands Youth Group is a non-profit organization, which was incorporated in 2006 to address the needs of youth in the Hillsborough Park Community. The Hillsborough Helping Hands Youth Group has an after school program that runs from September to June from 3:30 – 8:00 p.m Monday to Thursday and Friday until 6:00 p.m. for youth 8 – 17 years old. We are working hard to teach our youth about the importance of being a respectful and helpful part of their community and show them how important it is to come together as a group to keep our environment safe and clean. Our main goal is to help develop honest, respectful and well-rounded community members. The staff of the Hillsborough Youth Groups are confident that your child will find our youth group to be a safe, fun and exciting place to be. We focus on presentation; we provide opportunities that increase self-esteem, confidence, trust building, anti-bullying program, leadership, field trips, guest speakers, and many more opportunities when they present themselves.

*For more information regarding our program such as comments or concerns please e-mail or call Terry Bernard, [tbernard@charlotteown.ca](mailto:tbernard@charlotteown.ca): or the Hillsborough Community Centre: (902) 892-8628.*



## ADULT/SENIOR

### ART

#### CONFEDERATION CENTRE ART GALLERY EXHIBITIONS

*For more information on the Confederation Centre Art Gallery exhibition schedule, please visit [www.confederationcentre.com/artgallery](http://www.confederationcentre.com/artgallery).*

### BADMINTON

#### SHERWOOD BADMINTON CLUB

An adult program open to recreational badminton players.

Location: Stonepark Intermediate

Days/Times: Tuesday & Thursday from 7 – 9:30 p.m.

Sessions: Fall session begins September 17, 2019

Winter session begins January 7, 2020

Registration Fee: \$35 per session

*For more information, please contact Ken Molyneux at 902-894-3272 or the Parks and Recreation Department at 902-368-1025.*

### BOWLING

*Please see information in the [YOUTH/TEEN](#) section of this brochure.*

### COMMUNITY SCHOOLS

*Please see information in the [COMMUNITY GROUP](#) section of this brochure.*

### CURLING

*Please see information in the [YOUTH/TEEN](#) section of this brochure.*

### CYCLING

#### INDOOR CYCLING & ROWING CLUB

A cardiovascular fitness program designed to increase your aerobic capacity, gain strength and improve overall well-being.

Location: RIDE AND ROW at MacQueen's Bike Shop, 430 Queen Street, Ch'town

Schedule: Monday – Saturday; early and mid morning, noon, evening & weekend

Season: October – May



Cost: Drop-in Rate \$20 (Season Pass and Monthly Memberships at a reduced rate) \*Chronic Pain Management & Senior Programs offered

For more information contact Kelley at 902-394-BIKE (2453), email RideandRowPEI@gmail.com or visit [www.RideandRow.com](http://www.RideandRow.com).

## DANCE

### CLOGGING CLASSES

Clogging classes begin in September at the Winsloe Lions Club on Campbell Drive.

For more info and levels of classes please contact Theresa at 902-626-9334 or email [chipaluck@msn.com](mailto:chipaluck@msn.com).

### ADULT HIGH BEGINNER LINE DANCE

Motion is lotion - line dancing Monday 6:40 p.m. – 8:00 p.m. in Upton Room, West Royalty Community Centre. Fun, easy exercise, energetic people and lots of dancing! Wear light weight clothing and bring indoor shoes. Fee is \$2 per session and all money goes to support children's programs through Parks and Recreation City of Charlottetown.

For information contact Trent or Debbie Costello at 902-367-1569.

## EXERCISE/HEALTH

### ARTHRITIS EDUCATION SESSIONS

The Arthritis Society organizes public forums and symposiums in communities across Canada, along with local programs like Steps with Seniors. These workshops allow people with an interest in arthritis to hear experts speak on topics such as current and emerging treatments, and recent research findings. Our goal is to help share new and upcoming information, tips, and strategies about living well with arthritis. Topics include a wide range of information and collaboration with experts in arthritis care.

Contact The Arthritis Society for dates and location information. 902-628-2288 or 1-800-321-1433, [info@pe.arthritis.ca](mailto:info@pe.arthritis.ca) [www.arthritis.ca](http://www.arthritis.ca).

## FITNESS

### COMMUNITY ADULT FITNESS CLASSES

The Charlottetown Parks and Recreation Department offers classes to suit all fitness levels, including aerobics, step classes, ball classes, strength training, interval classes, and circuit classes. Classes are offered at convenient times (morning and evening). All of our instructors are certified. Fun and easy to follow!

### ADULT

#### Adult AM Fitness Classes – Low-Medium Impact

Location: West Royalty Community Centre (1 Kirkdale Rd.)

Date: Session 1 – Mon, Wed, Fri (Sept 9 – Dec 20, 2019)

\*No Class Oct 14, 21 & Nov 11

Fee: Resident \$113.50 incl. HST Non-Resident \$136.45 incl. HST  
Session 2 – Mon, Wed, Fri (January 3 – March 16, 2020)  
\*No Class Feb 17

Fee: Resident \$96.60 incl. HST Non-Resident \$117.30 incl. HST  
Session 3 – Mon, Wed, Fri (March 30 – June 5, 2020)  
\*No Class April 10 & 13 & May 18

Fee: Resident \$67.85 incl. HST Non-Resident \$80.50 incl. HST  
Time: 9:00 – 10:00 a.m. for all sessions

### **Circuit Fitness Classes**

Location: West Royalty Community Centre (1 Kirkdale Rd.)  
Date: Session 1 – Monday & Thursday (Sept 30 – Dec 19, 2019)  
\*No Class Oct 14, 21, 31, & Nov 11  
Session 2 – Monday & Thursday (January 2 – March 12, 2020)  
\*No Class Feb 17  
Session 3 – Monday & Thursday (March 23 – June 4, 2020)  
\*No Class April 13 & May 18

Time: 7:30 – 8:30 p.m.

Fee: Resident \$69 incl. HST Non-Resident \$86.25 incl. HST

## **SENIOR**

### **Parkdale Fitness Classes**

Location: Park Royal United Church Gym (11 Christie Dr.)  
Date: Session 1 – Tuesday & Thursday (October 1 – December 5, 2019)  
Session 2 – Tuesday & Thursday (January 2 – March 10, 2020)  
Session 3 – Tuesday & Thursday (March 19 – May 28, 2020)  
\*No Class May 21

Time: 9:30 – 10:30 a.m.

Fee: \$40.25 incl. HST

### **Downtown Fitness Classes**

Location: Trinity United Church Gym (220 Richmond St.)  
Date: Session 1 – Monday & Wednesday (Oct 2 – Dec 16, 2019)  
\*No Class Oct 14 / Nov 11  
Session 2 – Monday & Wednesday (January 6 – March 16, 2020)  
\*No Class Feb 17  
Session 3 – Monday & Wednesday (March 25 – June 8, 2020)  
\*No Class Apr 13, May 18

Time: 9:30 – 10:30 a.m.

Fee: \$40.25 incl. HST

### **REGISTRATION:**

Participants may register for the above fitness programs by dropping into the Parks and Recreation Department (1st Floor City Hall), register on-line, or register on the first day of the program. Limited space, so please register early!

*For more information, contact the Parks and Recreation office at 902-368-1025 or register online via the City's website [www.charlottetown.ca](http://www.charlottetown.ca).*

## **IMOTION FITNESS. MIND. BODY. CORE.**

Group and private Pilates training in Matwork and Reformer  
Pre and Post-natal fitness  
Group TRX Training classes

Contact Stephanie Knickle at 902-314-3488 or email [fitness@eastlink.ca](mailto:fitness@eastlink.ca),  
[www.imotionfitness.ca](http://www.imotionfitness.ca).

## **UPEI FITNESS CLASSES**

We are excited to offer fitness programming which includes Pilates, Yoga, High Intensity Interval Training (HITT), Sculpt n' Chisel, Zumba and more!.

UPEI gym memberships available in a variety of options from day passes, one, three & six month and one year memberships for community members.

For more membership benefits and details, please visit [www.upei.ca/ar/memberships](http://www.upei.ca/ar/memberships).  
For information on the UPEI Fitness classes, please visit [www.upei.ca/ar/fitness-classes](http://www.upei.ca/ar/fitness-classes).

## **FITNESS CENTRES**

### **Atlantic Fitness Centre**

18 Garfield Street  
Charlottetown, PE  
902-892-1999

### **Charlottetown Fitness Club**

18 Queen Street  
Charlottetown, PE  
902-566-9200

### **Atlantic Fitness Downtown**

119 Kent Street  
Charlottetown, PE  
902-368-3622

### **Spa Total Fitness Centre**

670 University Avenue  
Charlottetown, PE  
902-566-1400

## **FOOTBALL**

### **CHARLOTTETOWN SENIOR MEN'S TOUCH FOOTBALL LEAGUE**

This adult league has been established for several years and is always looking for the addition of new teams and/or new players. If you have an interest in playing recreational football, this is the league for you. The league starts in September and ends late October each year.

If interested please contact Adam Loo at [chef.adam.loo@gmail.com](mailto:chef.adam.loo@gmail.com), Tim Butler at [t\\_butler05@hotmail.com](mailto:t_butler05@hotmail.com), or you can call Football PEI at 902-368-4262.

## **MARTIAL ARTS**

### **KARATE**

Engage mind and body! Karate classes for adults are offered at The PATH, 344 University Avenue, Monday and Wednesday evenings from 6:15 – 7:45 p.m. Classes are suitable for individuals of all fitness levels. The class focuses on teaching the

techniques and philosophy of a classical system of karate. Karate practice can improve fitness, develop self-defense skills, build confidence, and lead to new and long lasting friendships. Class size is limited to 12 students.

*For more information call 902-892-4658.*

### **MEIBUKAN KARATE DOJO**

Adults: Mon / Wed / Fri / Sun from 7 – 9 p.m.

Teaching traditional Okinawan Goju-ryu 3 nights a week, the MKD is suitable for ages 6 and up. Classes are available for both kids and adults.

*For more information you can contact Sensei Brock Vickerson at email [bsvickerson@hotmail.com](mailto:bsvickerson@hotmail.com). You can also view our web page at [www.meibukankaratedojo.com](http://www.meibukankaratedojo.com).*

### **RIKIDOKAN JUDO CLUB**

- Adult Judo Classes: Monday and Wednesday 7:00 – 8:30 p.m. (ages 12 and up)
- Open Practice: Friday 6 – 7:30 p.m.

*For additional information please contact Sandra MacDonald by email [rikidokan@gmail.com](mailto:rikidokan@gmail.com) or [macdonald4040@gmail.com](mailto:macdonald4040@gmail.com).*

### **PEI TAEKWONDO**

### **CHARLOTTETOWN CHITO RYU KARATE CLUB EST 1970**

### **FENCING**

### **KOED BOXING CLUB**

### **WEST RIVER SCHOOL OF KARATE**

*Please check the [YOUTH/TEEN](#) section of this brochure for information on the aforementioned programs.*

## **POTTERY**

### **POTTERY IN THE PARK**

P.E.I Potters Studio

Victoria Park (small white house next to tennis courts)

### **Adult Classes**

Classes are taught by professional Island potters and are designed to be fun as well as educational. Classes are small in size (maximum of 8), relaxed and informal in style. The class covers the basics of clay preparation, wheel-throwing techniques, and glazing and decoration. Hand-building techniques can also be explored depending on interest. A great way to relieve stress and enhance creativity while learning a new skill! Participants will get a thorough introduction to the art of pottery making and have fun while creating their own pieces from start to finish. Registration fee is \$225 (includes a 20 lb block of clay).

Fall session: **Registration is online and first come first serve. It will open on Wednesday, September 4, 2019 at 9 a.m.**

Tuesdays	6:30 – 9:30 p.m.	October 1 to December 3, 2019 (Beginner)
Thursdays	6:30 – 9:30 p.m.	October 3 to December 5, 2019 (Beginner)

Winter session: **Registration is online and first come first serve. It will open on Monday, December 9, 2019 at 9 a.m.**

Mondays	6:30 – 9:30 p.m.	January 6 to March 9, 2020 (Beginner)
Thursdays	6:30 – 9:30 p.m.	January 9 to March 12, 2020 (Beginner)

*For information check [www.peipottersstudio.com](http://www.peipottersstudio.com) or contact Barb at [bajmacdonald@gmail.com](mailto:bajmacdonald@gmail.com).*

## READING PROGRAMS

### CONFEDERATION CENTRE PUBLIC LIBRARY CHILDREN'S LIBRARY

There are free programs for families and children of all ages at the Confederation Centre Children's Library! For more information or to register, contact us at 902-368-4644. Please note that children under 10 must be accompanied by a caregiver while in the library. Due to space limitations, groups are asked to call ahead when planning a visit. Don't forget to like us on Facebook to get all the program information and updates! We are often adding new programs! Check our website at [www.library.pe.ca](http://www.library.pe.ca)!

#### Seniors' Cafe

Drop in for coffee, tea and a chat.  
Third Thursday of the month at 2:00 p.m.

#### Craft or Fail

Different project each month. Supplies provided – call to register.  
Third Wednesday of the month at 6:30 p.m.

#### 5 Minute Book Club

A chance to talk about your latest favourite read and hear about everyone else's.  
Fourth Tuesday of the month at 4:00 p.m.

*For more information or to register, contact us at 902-368-4644.*

## SOCIAL ACTIVITIES

### BRIDGE GAMES

Over the Bridge Club offers sanctioned duplicate games Mon afternoon 1 – 4 p.m. and Tuesday evening 7 – 10 p.m. at the Haviland Club, guaranteed partners. Private lessons for four can be arranged.

*For more information please contact Irene MacArthur at [irene.macarthur.pei@gmail.com](mailto:irene.macarthur.pei@gmail.com) or 902-394-3179.*

## **DEFINITELY NOT THE SYMPHONY (DNTS)**

Meets Saturdays 10 a.m. – 11:15 a.m. at Andrews of Stratford from September to June. DNTS is an all-comers orchestra and thus welcomes musicians of all skill levels and ages.

*For more information please contact Jenny 902-368-3576 or [dnts.pei@gmail.com](mailto:dnts.pei@gmail.com) or visit [dntspei.blogspot.com](http://dntspei.blogspot.com).*

## **SECOND CHANCES BAND**

Want to re-experience the joys of playing band music? Join the musicians of Second Chances Band. Registration 6:30 p.m. Tuesday Sept. 10 at Queen Charlotte Intermediate School.

*Visit our website [www.secondchancesband.ca](http://www.secondchancesband.ca) for complete information and links.*

## **THE PEI SOCIABLE SINGLES**

The PEI Sociable Singles is a non-profit social group with members in the 40 and over age range. The group arranges and promotes group activities. The group provides individuals who are separated, divorced, widowed, and unmarried with an opportunity to participate in social activities such as dances, pot lucks, movies, walks, hikes, card games, dining out, barbeques, games nights and many other activities with other singles. Sociable Singles is not a dating club.

*For more information please contact Nadine at 902-566-5899 email [sociable\\_singles@yahoo.com](mailto:sociable_singles@yahoo.com). Also see our website at <https://sites.google.com/site/peisociablesingles/>.*

## **SPORTS**

### **CHARLOTTETOWN SPORT & SOCIAL CLUB**

Charlottetown Sport & Social Club organizes a variety of 19+ co-ed social sports leagues, tournaments and events. CSSC leagues are focused on fun, sportsmanship and are self-officiated. New leagues starting every January, September, and June. Sign up as an individual, or register your own team. It's a great way to socialize and meet new people!

Fall/Winter Leagues: Volleyball, Dodgeball, MultiSport (Basketball, Soccer, Volleyball, Dodgeball)

*For more info please visit our website: [www.charlottetownsport.ca](http://www.charlottetownsport.ca), facebook: [www.facebook.com/CharlottetownSportandSocialClub](http://www.facebook.com/CharlottetownSportandSocialClub) email: [charlottetownsport@gmail.com](mailto:charlottetownsport@gmail.com) or call: 902-314-8850.*

### **UPEI RECREATIONAL PROGRAMS**

Recreational programs include Basketball, Ultimate Frisbee, KINBall, Volleyball, Badminton, Soccer and Dodgeball.

*For information on UPEI Recreation Programs, please check the UPEI website at [www.ypei.ca/ar/recreation](http://www.ypei.ca/ar/recreation).*

## **OLDTIMERS HOCKEY LEAGUE**

Aged 35 and over. Regular season starts in October, playoffs finish in March.

*For any teams or players interested please contact Vaughn Smith at 902-393-4389.*

## **PICKLEBALL**

The City of Charlottetown in cooperation with a local seniors group will be offering a drop-in pickleball program at the West Royalty Community Centre (1 Kirkdale Rd.) on Tuesday and Thursday mornings from 9 a.m. – 12 p.m. The fall session will begin on Tuesday September 10, 2019 and the winter session will begin on January 7, 2020. The cost per session will be \$25.

*For more information please contact the Parks and Recreation Department at 902-368-1025.*

## **SKATING**

### **CHARLOTTETOWN SKATING CLUB**

#### **PUBLIC SKATING SCHEDULE**

#### **OUTDOOR RINKS**

#### **SPEED SKATE PEI**

#### **SHERWOOD-PARKDALE SKATING CLUB**

*Please check the [YOUTH/TEEN](#) section of this brochure for information on the aforementioned programs.*

## **SKIING**

*Please see information in the [YOUTH/TEEN](#) section of this brochure.*

## **SENIORS GROUPS**

### **SENIORS ACTIVE LIVING CENTRE**

The Seniors Active Living Centre is open Monday to Friday 9:00 a.m. – 4:00 p.m. providing recreation, social and volunteer opportunities for people 50 years and over. This membership-based organization's annual fee is \$25.00 per person. Visitors are always welcome.

#### ***Programs include:***

Cards – (auction, bridge, crib and euchre)	Bingo
Fitness Program	Choir
Travel opportunities	Foot clinic
Brown bag lunches with guest speakers on various topics of interest to seniors	Socials and Pot Luck suppers
Book club	Pool/Snooker
Monthly Ceilidhs	Beginner / Intermediate Bridge Lessons
Occasional Special Events	

*Please contact the Seniors Active Living Centre at 902-628-8388 or email [salc@pei.aibn.com](mailto:salc@pei.aibn.com) or visit the Centre located in the Bell Aliant Centre at UPEI.*

## SENIORS COLLEGE OF PRINCE EDWARD ISLAND

Seniors College offers Charlottetown residents, 50 plus, enjoyable learning in over 100 courses in three semesters, Fall, Winter and Spring. For a single membership fee, individuals can take as many courses as fits their schedule. We offer courses in computer, health, politics, religion, science, history, music, fitness, writing, art, photography and many more. The Program Committee is excited with the over 30 courses being offered across Prince Edward Island.

*For full course lists, descriptions and timetable as well as information about online registration, check [www.seniorscollege.ca](http://www.seniorscollege.ca).*

## WEST ROYALTY CARD PARTIES

There will be senior Card Parties held every Thursday evening from 7:30 – 10:30 p.m. at the West Royalty Community Centre. The program will begin on October 3. Everyone welcome and a light lunch provided.

*For additional information, please contact Ruby Howes at 902-566-4933.*

## WEST ROYALTY SENIORS CLUB

The West Royalty Seniors hold their meetings the 1st Monday of the month at 1:30 p.m. (unless it is a holiday) at the West Royalty Community Centre. Membership is \$5.00. The Club enjoys guest speakers, luncheons and some travel. Cards are held every Friday at 1:30 p.m. (starting Sept 6) at the Centre (except July and August). The knitting group meets every Tuesday at 9:30 a.m. (starting Sept 3). Everyone welcome!

*Anyone interested in joining the group or looking for further information please contact Mary Crozier at 902-892-6279.*

## TENNIS

### VICTORIA PARK TENNIS CLUBHOUSE & COURT SUPERVISION HOURS

Sept 1 – Sept 28	Mon – Fri	5 – 9:30 p.m.	Sat – Sun	8:30 a.m. – 12:30 p.m.
Sept 29 – Oct 12	Mon – Fri	6 – 8 p.m.	Sat – Sun	10 a.m. – 12 p.m.

- Daylight play is free but limited to 45 minutes if people are waiting
- Evening play under the lights is \$5 for 55 minutes per court
- The City of Charlottetown, Tennis PEI and Charlottetown Tennis Club programs / events have priority on the courts. At least 3 courts are kept available for first come, first served public use with the exception of 1 or 2 times each week & during a couple weekend events per summer.

*For information on indoor tennis programs visit: [www.tennispei.ca](http://www.tennispei.ca). For information on Youth Programming please refer to the [YOUTH/TEEN](#) section of the brochure. For more information please visit [www.charlottetown.ca](http://www.charlottetown.ca) or call the Parks and Recreation office at 902-368-1025.*



## WALKING AND HIKING

### INDOOR WALKING FACILITIES

UPEI Chi-Wan Young Sports Centre  
902-566-0368

Holland College Centre for Community Engagement  
902-566-9629

Confederation Court Mall  
902-566-1153

Charlottetown Mall  
902-368-8854

Eastlink Centre  
902-629-6600

*For more information on membership rates and times please visit the City's website at <http://city.charlottetown.pe.ca/indoor-walking-facilities.php>.*

### WINTER WALKING TRAILS

As the weather changes and the snow flies, the Parks and Recreation Department will be providing access to trails/boardwalks to allow for those avid winter walkers. We will once again plow the Victoria Park / Queen Charlotte Armoury / Confederation Landing Boardwalks, as well as make a walking path available through Victoria Park and the Confederation Trail within the City.

Our ski trails in Victoria Park and Beach Grove will be available for walkers. We just ask that people interested in walking, please stay away from groomed ski paths so both groups may be accommodated. Please note that all motorized vehicles are strictly prohibited on any of the trails.

*For additional information, please contact Parks and Recreation office at 902-368-1025 or 902-629-4024.*

## YOGA

### THE YOGA ROOM

The Yoga Room is located at 35 Fitzroy Street. Fall classes are starting September 10. Beginner, Intermediate and Advanced levels are available.

Instructor: Pamela Stewart is a certified yoga teacher in the Iyengar tradition – she has been teaching since 1986.

*For more information or to register, please call 902-569-5052.*

### YOGA FOR MIND, BODY, AND SPIRIT

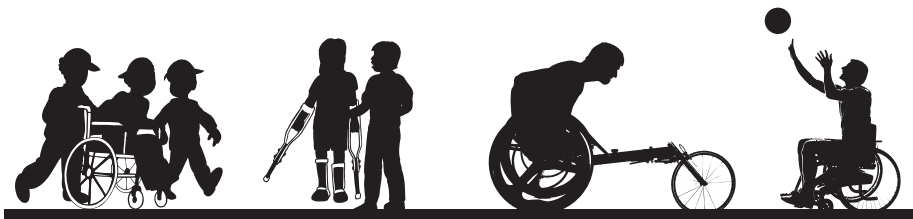
Offered by Judith Merrill, a certified yoga instructor trained in Hatha yoga and Kundalini Yoga. Classes consist of traditional Hatha yoga as well as a combination of Yin and Yang style yoga. Please check [www.spiritpath.ca](http://www.spiritpath.ca) for more information on kundalini yoga. Classes will be offered at Trinity United Church on Tuesday and Thursday (some morning and evening).

*For more information and to register, please contact Judith at 902-892-3147 or [spiritpath369@gmail.com](mailto:spiritpath369@gmail.com).*

## YOGA FOR LIFE AT THE PATH

Yoga classes at the PATH, 344 University Ave. focus on your personal well-being in body, mind, and spirit with yoga poses, meditation and conscious breathing. Adult yoga, Gentle yoga, Children's yoga, Yoga Nidra meditation, Prenatal and Postnatal yoga and yoga dance are offered on and off site - please contact Mary.

*For yoga schedule please contact Mary at 902-892-4658, [yogaforlife@eastlink.ca](mailto:yogaforlife@eastlink.ca) or check [yogapei.com](http://yogapei.com).*



## PERSONS WITH DISABILITIES

### SPECIAL OLYMPICS PEI

Special Olympics PEI is a non-profit, charitable, sport organization. We provide year-round opportunities for individuals with an intellectual disability to participate in sport. Programs are available for athletes of all ages (starting as young as 2 yrs old) and abilities in either the Community Sport Program stream (non-competitive) or the Competitive Sport Program stream (various sports offered). If you, or someone you know, is interested in getting involved as an athlete, coach, or volunteer for more information, please contact us at our Charlottetown office.

*For more information contact:*

*Matthew McNally, Program Director*

*Genna Phelan, Program Coordinator*

*Sarah Profitt, Membership Services Coordinator*

*Phone: 902-368-8919*

*E-mail: [mmcnally@sopei.com](mailto:mmcnally@sopei.com)*

*Email: [sport@sopei.com](mailto:sport@sopei.com)*

*Email: [sarah@sopei.com](mailto:sarah@sopei.com)*

*[www.specialolympics.ca/pei](http://www.specialolympics.ca/pei)*

### PARASPORT AND RECREATION PEI INC.

ParaSport and Recreation PEI is a charitable, provincial sport organization that provides recreation and sport opportunities for individuals with a physical or visual disability on PEI. Programs that are offered during the fall and winter months include: Sledge Hockey, CanSkate Sledge, Wheelchair Basketball (Junior & Senior), Wheelchair/Blind Curling, Aqua-Abilities (swimming lessons with children with a disability), ParaFit (swimming lessons for adults with a physical disability), Adult Fitness and Target Shooting. ParaSport and Recreation PEI also offers an equipment loan program where a variety of adapted equipment is available for loan, free of charge.

*For more information regarding ParaSport and Recreation PEI programs or to inquire about other opportunities, please contact the ParaSport and Recreation PEI office at 902-368-4540 or visit the website at [www.parasportpei.ca](http://www.parasportpei.ca).*

## OTHER PROGRAMS AND ACTIVITIES

Within this brochure there are other groups that offer **inclusive** programs to people with disabilities. Please review and feel free to contact them if you have any questions or for more information.



## AQUATICS

### **BELL ALIANT CENTRE (formerly the CARI Complex)**

The Aquatics Facility offers a 25-Metre, eight-lane recreational and competitive pool with 1-metre and 3-metre diving boards and a stadium seating capacity of 660. In addition, there is a leisure pool designed to accommodate a variety of programs and recreational swimming. The aquatics facility also offers a hot tub, waterslide, tarzan rope, and a parent observation seating area. Our aquatics facility is fully accessible. The change rooms offer wheelchair accessible dressing areas and showers. We also have a water-wheelchair, wheelchair lift, and a set of portable stairs which are designed to eliminate strain caused by ladders. Our family changing room has reserved changing spaces and lockers for individuals with a visual impairment. In addition to these features, our leisure pool has a ramp which begins at zero depth in order to accommodate users with limited mobility. Offering daily open swims and frequent public skates, we've got something for everyone!

### **Fall Swimming Lessons**

The Aquatics Department will be offering two sessions of Swim For Life lessons beginning September 10, 2019. Classes will be offered on Sunday, Tuesday, Thursday, Friday or Saturday for the Fall 1 session; and Tuesdays and Thursdays for the Fall 2 session. Registration for all Fall programming is now open at the Control & Information desk and online at [www.bellaliantcentre.ca](http://www.bellaliantcentre.ca).

### **Aqua Fitness:**

You don't even need to know how to swim – just come and enjoy a water workout! The Bell Aliant Centre offers a wide variety of classes to suit the needs of each and every individual client. For more information visit our website at [www.bellaliantcentre.ca](http://www.bellaliantcentre.ca).

Day	Time	Class
Mon/Wed/Fri	7:00 a.m., 8:45 a.m., 11:45 a.m (UFIT Aqua)	Aqua Fitness
Mon/Wed/Fri	5:45 a.m.	Aqua Zumba
Tues/Thurs	7:00 a.m.	Aqua Fitness
Tues/Thurs	8:00 p.m.	Aqua Zumba
Sunday	9:30 a.m.	Aqua Zumba

*We're always adding new programming! Contact us at 902-569-4584 Ext. 0 or visit [www.bellaliantcentre.ca](http://www.bellaliantcentre.ca) to check it out!*

## **CHARLOTTETOWN BLUEPHINS AQUATIC CLUB**

Do you or someone you know love to swim? The Charlottetown Bluephins has swim programs designed from pre-competition to national level, with swimmers aged 6 years old and up. The club also offers a comprehensive para-swimming program.

The aquatic club's objective is to develop competitive swimmers, both in athletic ability and personal growth. New swimmers to the program will start in one of the club's dynamic programs that is best suited for them. Full outline and description of each swim group and other important information are available on the website at: [www.bluephins.ca](http://www.bluephins.ca). The Charlottetown Bluephins' emphasis is on skill development, competition, fun, fitness and friendship!

**On-site registration for new swimmers takes place on September 16, 18 and 20 from 5:00 – 7:00 p.m.** at Bell Aliant Centre located on the UPEI Campus.

*For more information, please contact Head Coach Tom Ponting [tomponting1965@gmail.com](mailto:tomponting1965@gmail.com) or visit the Charlottetown Bluephins website at [www.bluephins.ca](http://www.bluephins.ca).*

## **SYNCHRONIZED SWIMMING**

Synchro PEI's Recreational Program will be starting in early September. This program is open to both boys and girls who would like to learn the basics of synchronized swimming as well as strong swimming skills.

*For more information, on our program, please check out our website at [www.synchropei.com](http://www.synchropei.com) or contact Doreen Walsh at [doreenwalsh50@gmail.com](mailto:doreenwalsh50@gmail.com).*

## **COMMUNITY CENTRES, HALLS & GYMS**

*Planning a dance, wedding, reception, banquet, special event, seminar or meeting in the near future? The Charlottetown Parks and Recreation Department have the following community centres, clubhouses and gym available for rent:*

### **WEST ROYALTY COMMUNITY CENTRE**

1 Kirkdale Road

Banquet Facilities

Banquet / meeting space

Air Conditioning

Daily Rental fee \$150.00, plus HST

Bar Facilities available

Upton Room – Seating Capacity of 130

Ample Parking

Elevator access

### **HILLSBOROUGH PARK COMMUNITY CENTRE**

199 Patterson Drive

Banquet Facilities

Banquet / meeting space

Daily Rental fee \$150.00, plus HST

Kitchen / Bar Facilities available

Seating Capacity of 100

Ample Parking

## **SHERWOOD RECREATION HALL**

56 Maple Avenue

Meeting Space for Private Functions

Kitchen facilities available

Daily rental fee \$50.00, plus HST

Seating Capacity for 60

Ample Parking

## **MAPLEWOOD ROOM (2nd floor Cody Banks Arena)**

58 Maple Avenue

Banquet Facilities

Air Conditioning

Daily Rental fee \$150.00, plus HST

Kitchen / Bar Facilities available

Banquet / Meeting Seating Capacity of 80

Ample Parking

## **MALCOLM J. DARRACH COMMUNITY CENTRE – (East Royalty)**

1 Avonlea Drive

Banquet Facilities

Banquet Seating Capacity of 100

Daily Rental fee \$150.00, plus HST

Kitchen / Bar Facilities available

Ample Parking

## **VICTORIA PARK CULTURAL PAVILION**

36 Victoria Park Driveway

Meeting Space for Private Functions

Seating Capacity indoors of 20 – 30

Daily rental fee \$50, plus HST

Stage Area

Limited Parking

Fully Accessible

## **VICTORIA PARK BASEBALL CLUBHOUSE AND TENNIS CLUBHOUSE**

Meeting Space for Private Functions

Seating Capacity of 20

Daily rental fee \$50, plus HST

Kitchen Facilities available

Ample Parking

## **WEST ROYALTY COMMUNITY CENTRE GYM RENTALS**

Individuals or groups wishing to rent the gym can do so by contacting the Parks and Recreation Department. Limited gym time is available to rent for sport related activities during weekdays and on Saturdays. As well gym time is available on Saturday afternoons between 3:30 – 5:30 p.m. for children's birthday parties. Daily rental fee \$80, plus HST.

*For additional information or to make a booking, please contact the Parks and Recreation Department at 902-629-4024. You can also e-mail your booking inquiry to [ddowling@charlottetown.ca](mailto:ddowling@charlottetown.ca) or visit us online at [www.charlottetown.ca](http://www.charlottetown.ca).*

# COMMUNITY GROUPS

## **MURPHY'S COMMUNITY CENTRE**

Murphy's Community Centre, previously known as the Basilica Recreation Centre, has been operating for over 50 years as a social and recreational hub in downtown Charlottetown. Since 2006, the Centre has been proudly operated by Ray & Carolyn Murphy of Murphy's Pharmacies. Murphy's Community Centre operates as a non-profit organization with a mandate to increase and improve the recreational, educational and social opportunities for families living in Charlottetown and all of Prince Edward Island.

The Community Centre continues to support many community groups who offer their programs to the public such as Taoist Tai Chi, Charlottetown Sport & Social Program, CHANCES, Old Time Square Dancing, Special Olympics, Canadian Council of the Blind, UFIT, Community Volunteer Income Tax Program, and much more. The Community Centre also supports many community groups, families, and individuals who utilize the Centre for meetings, private gatherings, special events and fundraisers.

*For information on upcoming or current programs visit [www.murphyscommunitycentre.com](http://www.murphyscommunitycentre.com) or email [info@murphyscommunitycentre.com](mailto:info@murphyscommunitycentre.com) or call 892-1719 Ext. 0.*

## **CHANCES FAMILY CENTRE**

CHANCES is a non-profit organization that offers a wide range of programs for families with children age's birth to 11 years, as well as expectant parents. Whether you are looking for a playtime outing, tips on dealing with tantrums or an information packed prenatal group, CHANCES offers a variety of programs in a fun, informal setting. We also provide high quality childcare in our Early Learning Centres in Charlottetown, Stratford and Cornwall. As well, we offer in-home support through our Best Start Program.

*For more information about the full range of programs and services offered through CHANCES Family Centre, please check our web site at [www.chancesfamily.ca](http://www.chancesfamily.ca) or contact us at 902-892-8744.*

## **COMMUNITY SCHOOLS**

Community Schools have served Islanders for more than 40 years and gearing up for a host of other interesting and informative courses. A complete listing of courses will be distributed through an Island-wide flier circulation in late December. Islanders are cordially invited to become involved in a community school in their area.

*For additional information, please visit [peicommunityschools.com](http://peicommunityschools.com).*

## **FRIENDS OF CONFEDERATION CENTRE**

A non-profit volunteer organization for people who share a common interest and enthusiasm for Confederation Centre of the Arts. Various projects throughout the year- Christmas decorating, gardening, gallery events, Pinch Penny Fair. Volunteer opportunities available.

*For more information email [friends@confederationcentre.com](mailto:friends@confederationcentre.com), or call 902-628-6141.*

## **THE ADVENTURE GROUP**

The Adventure Group is a non-profit organization, which was incorporated in 1992 to address the needs of youth and their parents on Prince Edward Island as identified in a number of major studies. The goal of the Adventure Group is to offer opportunities for learning as well as personal and skill development using experiential, service learning and adventure-based curriculum. Our focus is on prevention; we provide opportunities that increase self-esteem, confidence, and leadership skills. We work in partnership with youth, police, service agencies, schools, businesses and government of all levels. The Adventure Group's office is located at Hertz Hall on St. Peters Road.

R.O.P.E.S. WORKSHOPS...Our philosophy is called R.O.P.E or Rite of Passage Experience. The goal of the program is to offer participants an adventure experience that requires them to develop team skills such as effective communication, problem solving, trust building, leadership, and cooperative learning.

Through participating in activities incorporating these elements, individuals have been shown to develop more positive self-concepts, increased decision making capacity and communication skills.

WE ALSO PROVIDE...Personal Growth and Self-awareness Programs, Leadership Programs, Team Building Workshops, Conflict Management Workshops, Self-esteem Programs, Respect Programs, as well as advocacy and referral services.

*For more information regarding other programs offered, call 902-628-8668.*

## **THE GUILD**

Located at the corner of Richmond & Queen Street in the distinctly cultural district of downtown Charlottetown, The Guild showcases many disciplines of the Island's arts community and limited works of artists 'from away'. The fully-equipped black box theatre and visual art gallery feature both seasoned and emerging artists. This cultural venue treats you to music, dance, theatre, comedy, and contemporary works, all of which are presented in a professional, multimedia, air-conditioned, licensed, wheelchair-accessible environment.

*For rental inquiries, contact The Guild at 902-368-4479. For event information, please call 902-620-3333 or visit [www.theguildpei.com](http://www.theguildpei.com) for current listings.*

## **UPEI PANTHERS ATHLETICS**

*For UPEI Panther sport schedule check out [gopanthersgo.ca](http://gopanthersgo.ca).*

# FESTIVALS & EVENTS

September 2019

## **CHARLOTTETOWN FIREFIGHTER RECRUITMENT CAMPAIGN**

Charlottetown Fire Dept. Station 1 – 89 Kent Street  
*Please contact 902-629-4083 for more information.*

## **PEI INTERNATIONAL SHELLFISH FESTIVAL**

Charlottetown – Charlottetown Event Grounds  
September 19 – 22, 2019  
*www.peishellfish.com or 866-955-2003*

## **TERRY FOX RUN**

Charlottetown – Victoria Park  
September 15, 2019  
*www.terryfox.org/Run or 888-836-9786*

## **CULTURE DAYS**

Various Locations  
September 27 – 29, 2019  
*www.culturedays.ca/pe or 902-367-3844*

## **PEI BEER FESTIVAL**

Charlottetown – Charlottetown Event Grounds  
September 27 & 28, 2019  
*http://beerfestpei.com/ or 902-629-2739*

## **FALL FLAVOURS – THE GREAT ISLAND GRILLED CHEESE CHALLENGE**

Charlottetown – Confederation Landing  
September 15, 2019  
*www.fallflavours.ca or 1-866-960-9912*

## **SHOWCASE PEI**

September 30 – October 3, 2019  
*www.musicpei.com or call 902-894-6734*

## **CHARLOTTETOWN FIRE DEPT. OPEN HOUSE**

Charlottetown Fire Dept. Station 1 – 89 Kent Street  
Sunday October 6 from 11 a.m. – 2 p.m.  
Join your firefighters, see the trucks, tools, the Jaws of Life, visit with Sparky, try the fire extinguisher.  
*Please contact 902-629-4083 for more information.*



## October 2019

### **CIBC RUN FOR THE CURE**

Charlottetown – Confederation Landing

October 6, 2019

[www.runfortheure.com](http://www.runfortheure.com) or 800-387-9816

### **FALL FLAVOURS – FARM DAY IN THE CITY**

Charlottetown – Downtown (Queen Street)

October 6, 2019

[www.farmdayinthecity.com](http://www.farmdayinthecity.com) or 902-629-1864

### **FIRE PREVENTION WEEK**

October 6 – 12, 2019 the theme this year:

“Not Every Hero Wears a Cape. Plan and Practice Your Escape!”

### **U17 CUP CANADA SOCCER TOYOTA NATIONAL CHAMPIONSHIPS**

Various Locations

October 9 – 14, 2019

[www.canadasoccer.com/u-17-cup-p150286](http://www.canadasoccer.com/u-17-cup-p150286)

### **AUS CROSS COUNTRY INVITATIONAL**

University of Prince Edward Island

October 12, 2019

[www.gopanthersgo.ca](http://www.gopanthersgo.ca)

### **CANADIAN CUE SPORT ASSOCIATION MARITIME 8-BALL CHAMPIONSHIPS**

Dooly's

October 17 – 20, 2019

[www.cdnqsport.com/ccsevents/atlantic/ccs\\_atl\\_event.aspx](http://www.cdnqsport.com/ccsevents/atlantic/ccs_atl_event.aspx)

### **PRINCE EDWARD ISLAND MARATHON WEEKEND**

PEI National Park on the North Shore – Charlottetown

October 18 – 20, 2019

[www.peimarathon.ca](http://www.peimarathon.ca) or 902-316-2299

### **2019 ATLANTIC COLLEGIATE ATLANTIC ASSOCIATION SOCCER CHAMPIONSHIPS**

Holland College

October 25 – 27, 2019

[www.hollandcollege.com/athletics](http://www.hollandcollege.com/athletics)

### **THE CHARLOTTETOWN FILM FESTIVAL**

October 25 – 27, 2019

[www.charlottetownfilmfest.com](http://www.charlottetownfilmfest.com) / or call 902-388-1081

## **THE GREAT PUMPKIN WALK**

Beach Grove Trail – Charlottetown

Saturday, October 26, 2019 from 11:00 a.m. – 12p.m.

[www.charlottetown.ca](http://www.charlottetown.ca) or 902-368-1025

## **November 2019**

### **CHARLOTTETOWN FIRE DEPT SMOKE DETECTOR REMINDER**

McDonald's Restaurant 427 University Ave, Charlottetown

November 2, 2019 11 a.m. – 1 p.m.

Change your clocks back 1 hour and replace the batteries in your smoke alarms.

Drop by McDonald's restaurant and pick up a battery for your smoke alarm.

Limited number available.

*Please contact 902-629-4083 for more information.*

### **PEI SPIRITS FESTIVAL**

Confederation Centre of the Arts

November 16, 2019 11 a.m. – 1 p.m.

[www.liquorpei.com/events/pei-spirits-festival/](http://www.liquorpei.com/events/pei-spirits-festival/)

### **EARLY BIRD MINOR HOCKEY TOURNAMENT**

Charlottetown – Various Arenas

November 21 – 24, 2019

[www.sprmha.com](http://www.sprmha.com) or 902-894-3829

### **WINTERTIDE HOLIDAY FESTIVAL**

Greater Charlottetown

November 22, 2019 – January 6, 2020

[www.charlottetown.ca](http://www.charlottetown.ca) or 902-566-5548

### **VICTORIA CHRISTMAS WEEKEND**

Charlottetown – Downtown (Queen Street)

November 29 – December 1, 2019

[www.discovercharlottetown.ca](http://www.discovercharlottetown.ca)

### **FESTIVE WREATH EXHIBITION**

Confederation Centre of the Arts

Open to all – children, adults, businesses and groups. Prizes! Use your imagination, get creative, have fun. Entries on display throughout the holiday season.

Drop-off Nov. 23 & 24.

[friends@confederationcentre.com](mailto:friends@confederationcentre.com) or 902-628-6141

### **CHARLOTTETOWN SANTA CLAUS PARADE**

Charlottetown

November 30, 2019

[www.charlottetown.ca](http://www.charlottetown.ca) or 902-566-5548

## December 2019

### **JINGLE BELL WALK**

Beach Grove Home – Routes for Nature and Health – West Royalty Community Centre  
December 6, 2019 at 6 p.m. – Fun event for the whole family!  
[www.charlottetown.ca](http://www.charlottetown.ca) or 902-368-1025

### **GEORGE TRAINOR HOLIDAY CLASSIC MINOR HOCKEY TOURNAMENT**

Charlottetown – Various Arenas  
December 27 – 29, 2019  
[www.sprmlha.com](http://www.sprmlha.com) or 902-892-1032  
[www.cmhapei.ca](http://www.cmhapei.ca) or 902-892-4255

### **2019 NEW YEARS EVE CELEBRATIONS**

Charlottetown  
December 31, 2019  
[www.charlottetown.ca](http://www.charlottetown.ca) or 902-566-5548

## January 2020

### **CHARLOTTETOWN RINGETTE TOURNAMENT**

Charlottetown – Various Arenas  
January 10 – 12, 2020  
<http://charlottetownringette.com> or 902-626-9612

### **PRINCE EDWARD ISLAND GYMNASTICS CLASSIC**

Charlottetown- Delta Prince Edward Hotel  
January 17 – 19, 2020  
<http://islandgymnasticsacademy.com> / or 902-566-3935

### **SPUD MINOR HOCKEY TOURNAMENT**

Charlottetown – Various Arenas  
January 31 – Feb 2, 2020  
<http://spud.goalline.ca/> or 902-892-4255

## February 2020

### **JACK FROST WINTERFEST**

Charlottetown  
February 14 – 17, 2020  
<http://jackfrostfestival.com>

## March 2020

### **2020 USPORTS WOMENS HOCKEY CHAMPIONSHIPS**

Charlottetown  
March 12 – 15, 2020  
[www.gopanthersgo.ca](http://www.gopanthersgo.ca)

**April 2020**

**PINCH PENNY FAIR – Indoor yard sale and children’s fair**

Confederation Centre of the Arts

April 25, 2020 10 a.m. – 1 p.m. Donations gratefully accepted.

*friends@confederationcentre.com or 902-628-6141*

**THEATRE**

**CONFEDERATION CENTRE OF THE ARTS**

**Our love of the arts continues...**

The Confederation Centre of the Arts first opened its doors in 1964, 100 years after the Fathers of Confederation first met in Charlottetown to discuss Confederation.

The Centre was opened as a national memorial to the Fathers of Confederation, and was built to showcase the incredible artistic talents that this nation has to offer. From musical theatre and dance to the breathtaking exhibits in the gallery, the Confederation Centre of the Arts has fostered a love of the arts for over 40 years.

**THEATRE**

**LIVE @ THE CENTRE**

Live music, live theatre, and live comedy! This fall and winter, the best entertainment on PEI is live at the Confederation Centre of the Arts. A world of dance, incomparable musicians and musical theatre, favorite children’s entertainment and fun for the whole family, stirring choral music, seasonal traditions, and rock ‘n roll are all live on the finest stages on Prince Edward Island. Visit the website below for the 2019 / 2020 season lineup.

*For more information please visit <https://confederationcentre.com/whats-on/> or call 1-800-565-0278.*

**ART GALLERY**

Connecting you with visual art ...

As a national arts institution, the Confederation Centre Art Gallery is intent on fostering an appreciation, understanding, and enjoyment of the visual arts. Please join us in this ongoing conversation about Canadian culture— experience firsthand the diverse and compelling stories so richly told by artists. Visit the website below for 2019 / 2020 exhibits.

*For more information visit us online at <https://confederationcentre.com/whats-on/categories/art-gallery/>.*





# Charlottetown

## Let's go! Charlottetown

The City of Charlottetown Parks and Recreation Department is proud to partner with Go! PEI, a health and wellness initiative to encourage Islanders to become more physically active and to eat healthier.

### go! Be Physically Active

Check out the Parks and Recreation Department Program Brochure for information on programs and services that will help you in your pursuit to realize a healthier and more physically active lifestyle.

Check out the go! PEI website to see what programs are being offered to help you to become or be more active.

### go! Walking

Walking is an activity that can be enjoyed by all ages. Our department encourages residents and visitors to use the City's Routes for Nature and Health Trail system. You can check out the City's website for a map and information on City trails. You can also check out the go! PEI website to obtain information.

### go! Running

Have you always wanted to run, but felt that you did not know how? Our department will be offering "learn to run" programs in early 2020. If interested, please contact us to put your name on a list of interested individuals. As well, if you are interested in starting a "learn to run" program at your workplace, please contact us to see how we can help.

### I Love to Skate

The City of Charlottetown in partnership with go!PEI will be offering a free six week youth **I Love to Skate** program. Start dates and registration dates will be announced in September.

*For more information on go! PEI programs and activities, please visit [www.gopei.ca](http://www.gopei.ca) or visit the City's website at [www.charlottetown.ca](http://www.charlottetown.ca) or call 902-368-1025.*



# Take the Bus

**Adult**  
 One way fare \$2.00  
 Sheet of 10 adult tickets \$18  
 Monthly pass \$58.50

**Children**  
 6 - 12 (with adult) \$1  
 Under 6 free

**Student**  
 Monthly pass \$40.50

**Senior**  
 Sheet of 6 senior tickets \$8 \*  
 Monthly pass \$40.50

Transit passes and adult tickets available at:

Shoppers Drug Marts • T3 Transit/Maritime Bus- 7 Mt. Edward Rd.\*  
 Charlottetown City Hall\* • Cornwall Town Hall\* • Stratford Town Hall\*

\* Available at  
 Murphy's Parkdale Pharmacy,  
 Shoppers Drug Mart Queen Street  
 and from bus #5 driver.



566-5664 (ext. 116) [www.t3transit.ca](http://www.t3transit.ca)

**maritimebus.com**

RIDE it. SHIP it. bus it.



**1-800-575-1807**  
**TAKE ADVANTAGE**  
 of our Daily Passenger and  
 Parcel Delivery Service  
**7 days a week.**



# 2019-2020 SEASON

**SEPT**

SUN	MON	TUE	WED	THU	FRI	SAT
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**OCTOBER**

SUN	MON	TUE	WED	THU	FRI	SAT
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**NOVEMBER**

SUN	MON	TUE	WED	THU	FRI	SAT
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**DECEMBER**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**JANUARY**

SUN	MON	TUE	WED	THU	FRI	SAT
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**FEBRUARY**

SUN	MON	TUE	WED	THU	FRI	SAT
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

**MARCH**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21

HOME AWAY

## 2019-2020 THEME NIGHTS

- FRIDAY, SEPTEMBER 20 | 7:30 PM**  
HOME OPENER VS MONCTON
- FRIDAY, NOVEMBER 1 | 3:00 PM**  
TEAM CALENDAR NIGHT VS RIMOUSKI
- MONDAY, NOVEMBER 11 | 3:00 PM**  
REMEMBRANCE DAY GAME VS GATINEAU
- SUNDAY, NOVEMBER 17 | 3:00 PM**  
FAMILY SKATE WITH THE ISLES AFTER GAME
- WEDNESDAY, NOVEMBER 20 | 10:00 AM**  
SCHOOL DAY GAME VS BATE-COMEAU
- FRIDAY, NOVEMBER 29 | 7:30 PM**  
"HOCKEY FIGHTS CANCER" NIGHT VS VAL D'OR
- SUNDAY, DECEMBER 1 | 3:00 PM**  
TEDDY BEAR TOSS & STARS FROM "FROZEN"
- SATURDAY, DECEMBER 14 | 7:00 PM**  
WAWANESA TOY DRIVE & SING WITH SANTA
- SUNDAY, DECEMBER 29 | 3:00 PM**  
"STAR WARS" GAME VS ACADIE-BATHURST
- SATURDAY, JANUARY 25 | 7:00 PM**  
HOCKEY DAY ON PEI VS BLAINEVILLE-BOISBRIAND
- SUNDAY, JANUARY 26 | 3:00 PM**  
"KIDS RUN THE SHOW" GAME VS MONCTON
- SATURDAY, FEBRUARY 8 | 7:00 PM**  
ADL FUTURE STARS JAMBOREE
- SUNDAY, FEBRUARY 23 | 3:00 PM**  
MEET SUPERHEROES FROM DC AND MARVEL
- FRIDAY, FEBRUARY 7 | 7:30 PM**  
THEME JERSEY GAME VS VICTORAVILLE
- SATURDAY, MARCH 21 | 3:00 PM**  
FAN APPRECIATION GAME VS ACADIE-BATHURST

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